

**Pierre J. Magistretti, MD, PhD**

**King Abdullah University of Science and Technology, KAUST**

**(Ecole Polytechnique Fédérale de Lausanne, EPFL)**

**Biennale Tecnologia, Tecnologia e Umanità  
Torino, 19 aprile 2024**





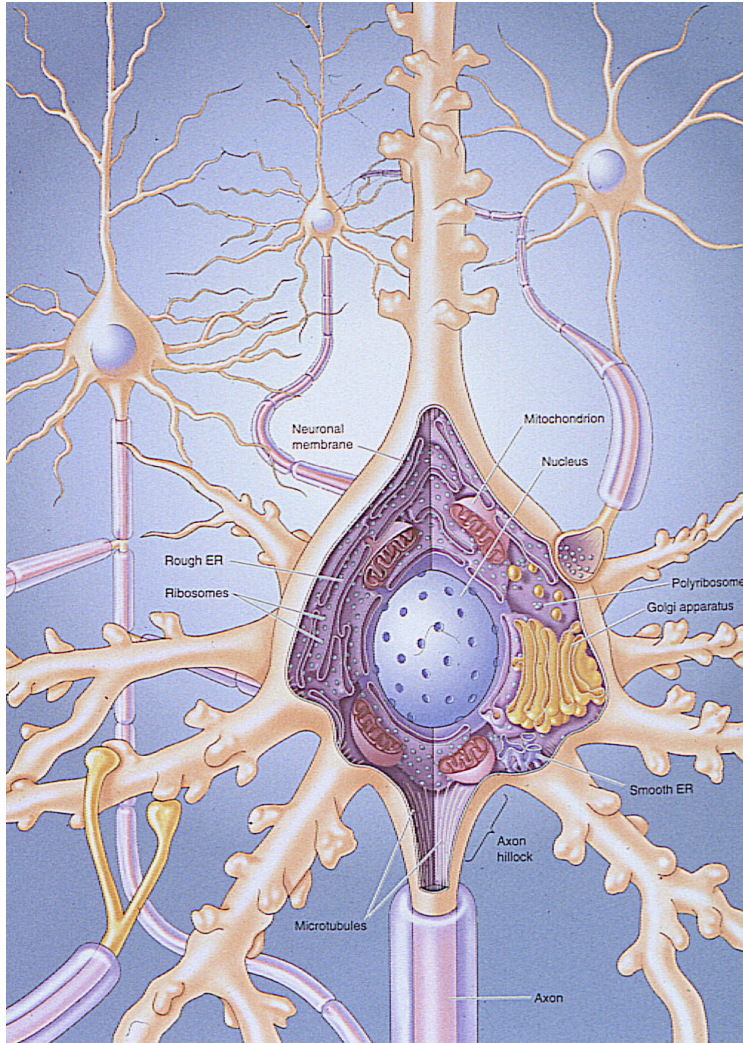
**Svelare il futuro: Tecnologie per la cura delle persone**

**Le cellule gliali come target per la cura delle malattie  
del cervello**

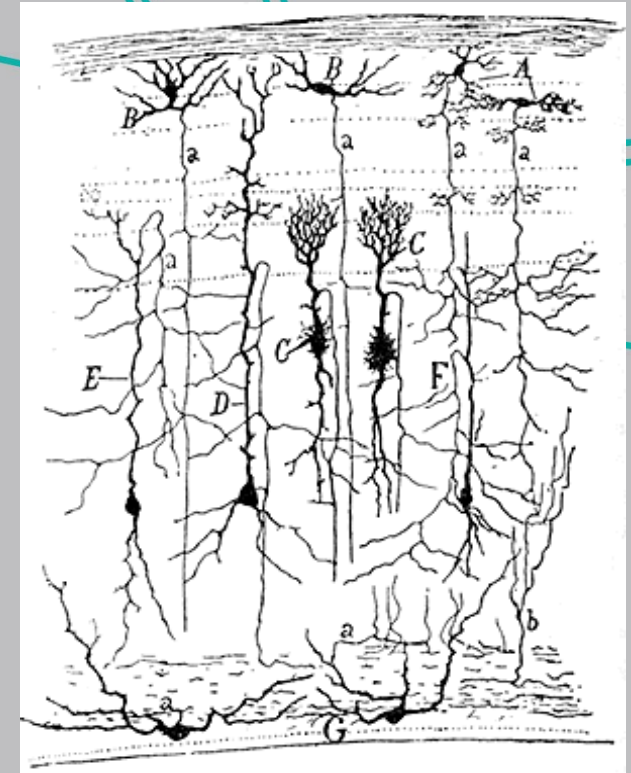


# Neuroni

≈80 Miliardi



Santiago Ramon-y-Cajal  
(Premio Nobel 1906)

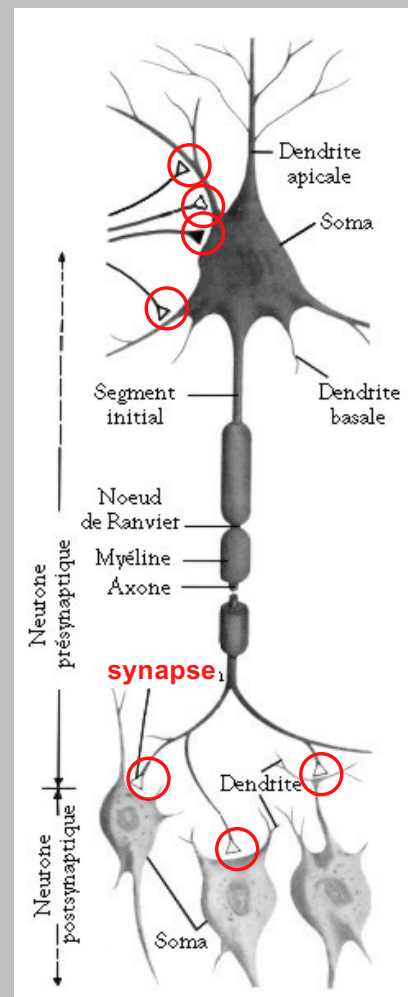
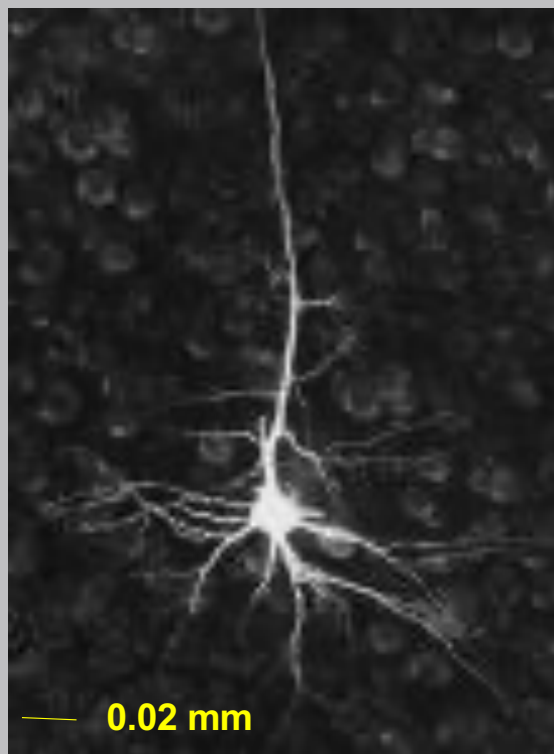


**Come l'entomologi alla ricerca di farfalle multicolori, la mia attenzione si è portata sui giardini della materia grigia e sulle cellule dalle forme eleganti e delicate, le misteriose farfalle dell'anima, sur des cellules aux formes délicates et élégantes, les mystérieux papillons de l'âme, dont le battement d'ailes nous révélera peut-être un jour les secrets de l'esprit**

Ramon y Cajal S.: Recuerdos de mi vida: Historia de mi labor científica.  
Alianza Editorial, Madrid, p.98-99, 1984

Un singolo neurone  
può ricevere fino a  
**10'000 sinapsi**

$10^{15}$  sinapsi  
(1000'000'000'000'000)



*Direzionalità dei segnali  
elettrici*



***Ma non ci sono solo neuroni.***

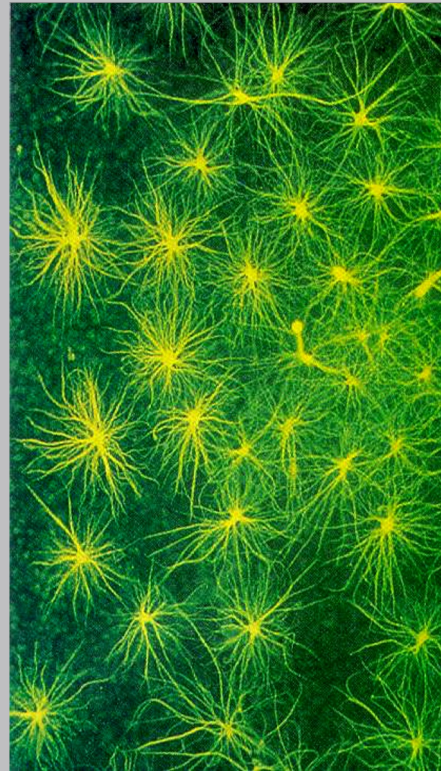
***L'altra metà del cervello:  
Le cellule gliali (glia)***



# *Glia* : “glu” “colla”



Rudolf Carl Virchow  
(1821 – 1902)



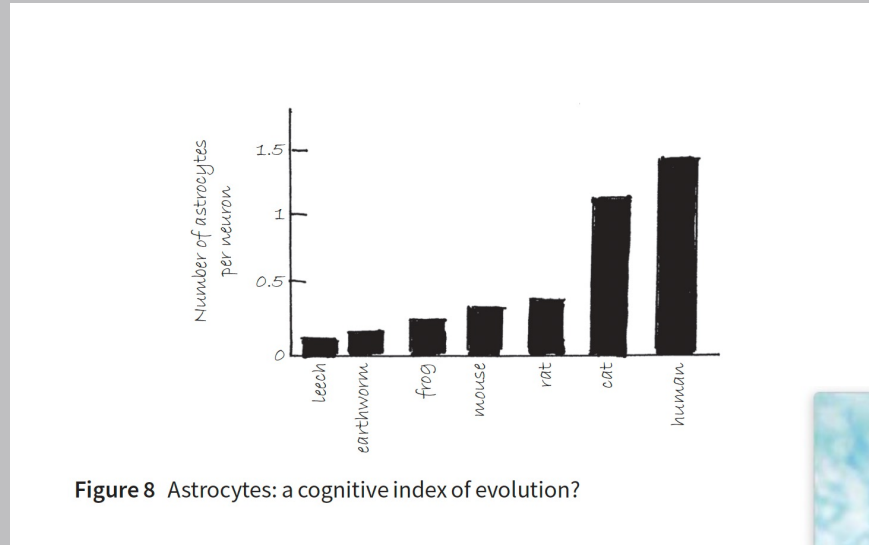
Astrociti

# Three main types of glial cells in the brain :

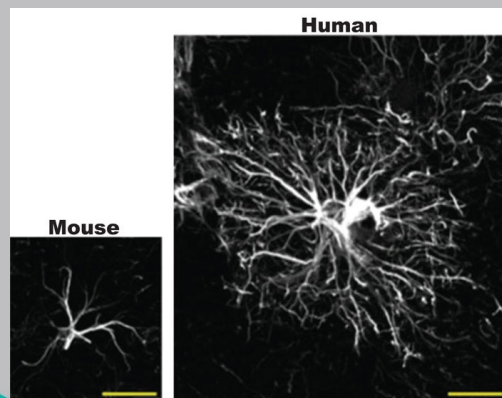
Astrocytes

Oligodendrocytes

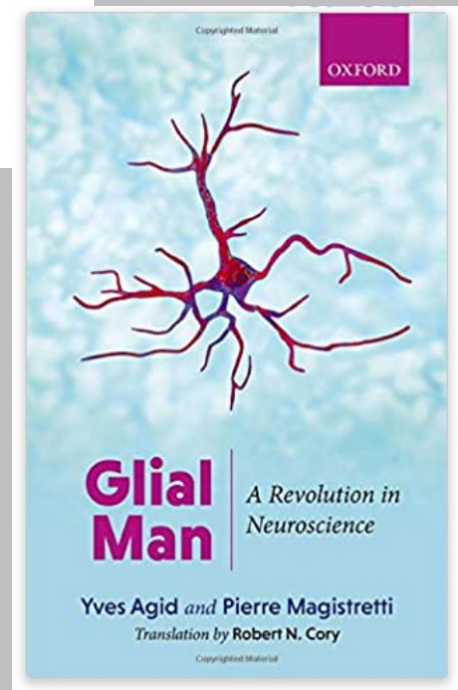
Microglia



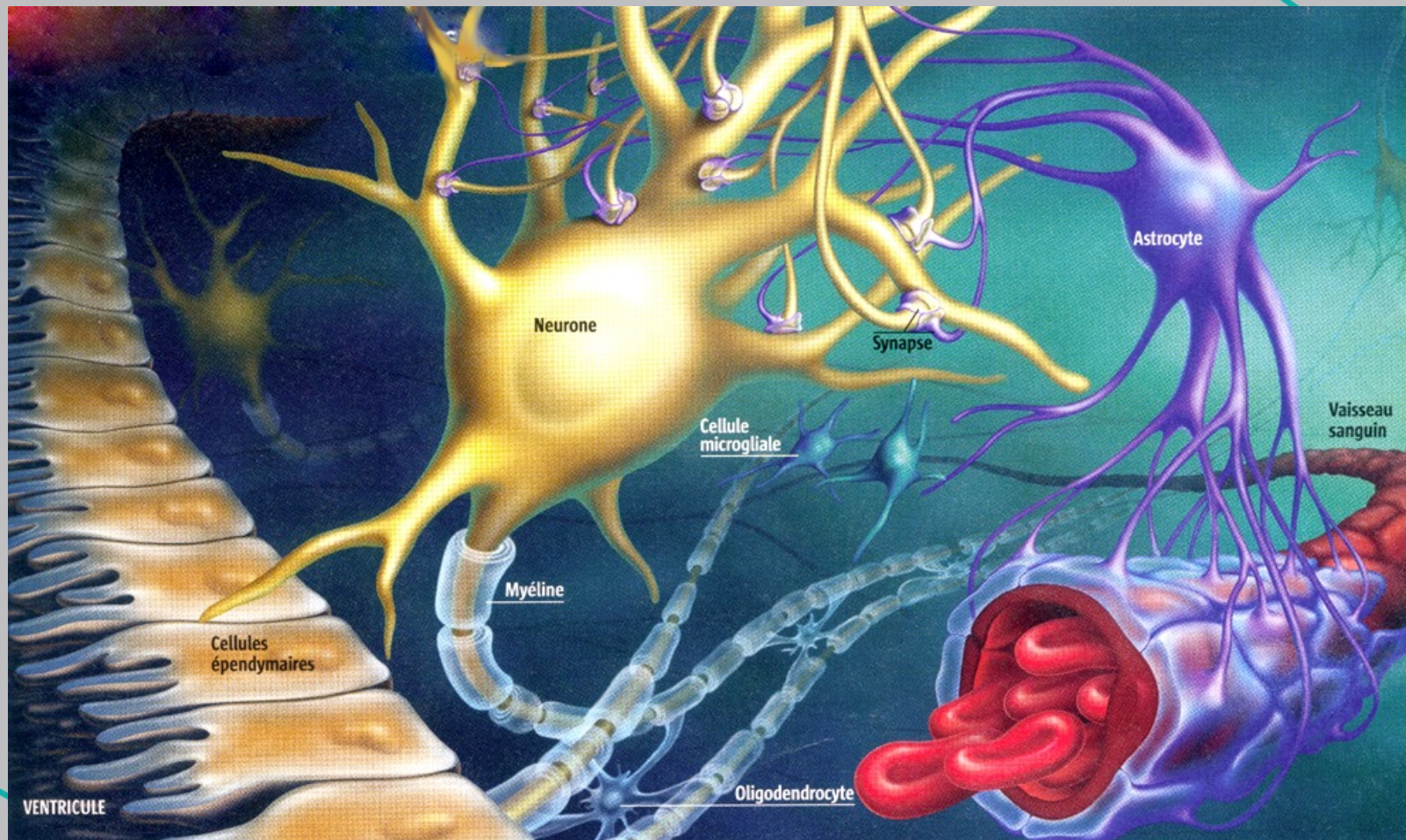
≈100 Billions



Astrocyti

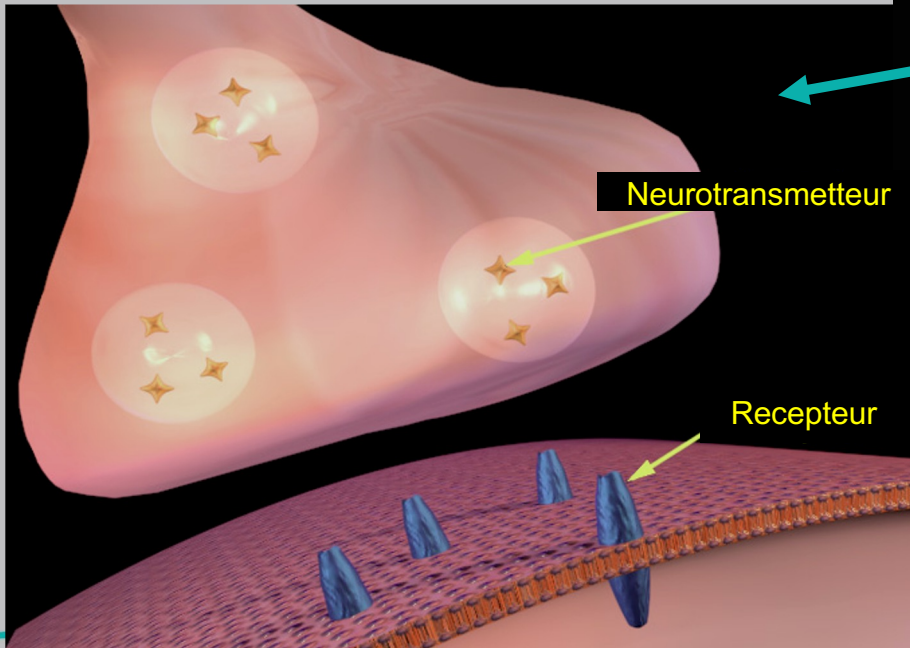
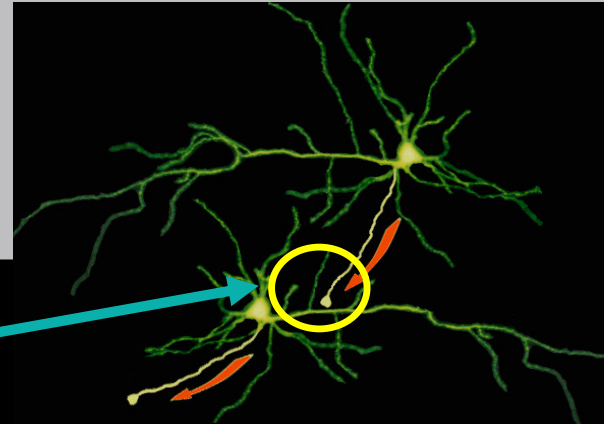


## Un dialogo tra cellule



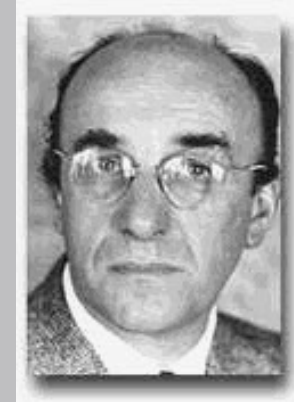


# Neurone e Sinapsi



## Quali neurotrasmettitori si conoscevano alla la fine degli anni 1970

- 
- Amine : noradrenalina, dopamina, acetilcolina
- Amino Acidi: GABA, glutammato (?)
- **Peptidi** : decine appena scoperti



Roger Guillemin (Premio Nobel 1977)

**Domanda :**  
**Ruolo dei Neurotrasmettitori**  
**Peptidergici nel cervello ?**

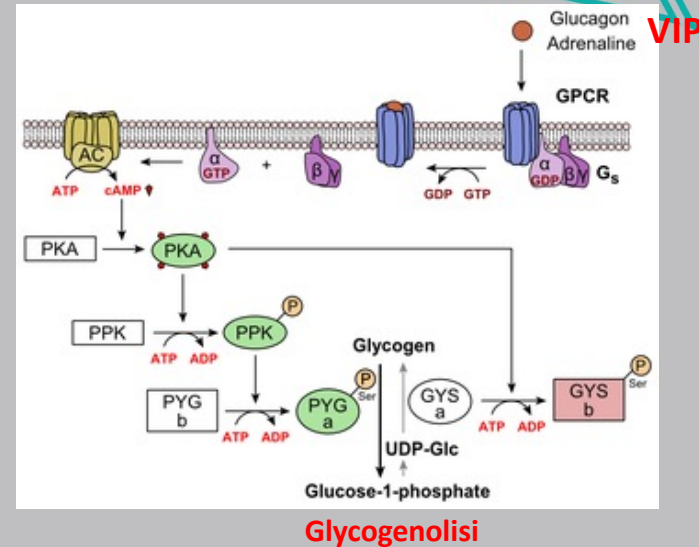
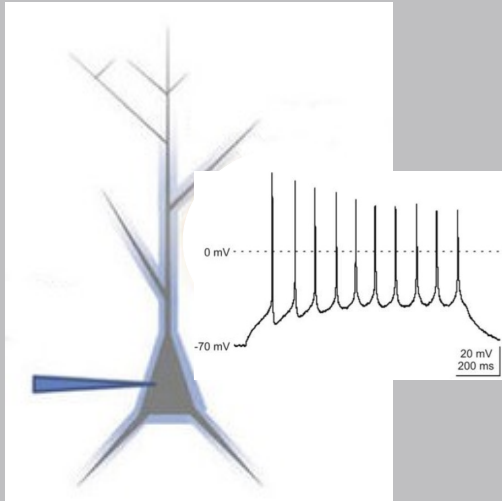


The Salk Institute



Floyd Bloom

## Ruolo del Vasoactive Intestinal Peptide (VIP) nel Cervello



Non un classico neurotrasmettitore

**Il mio ragionamento: Il VIP ha un effetto sul metabolismo energetico nel fegato e nel muscolo (mobilizza energia a partire dal glicogeno) -> Dovrebbe avere un ruolo simile nel cervello**

**.... Ma ignoravo due dati importanti**

- La concentrazione di glicogeno è molto bassa nel cervello
- Il glicogeno è contenuto solo nelle cellule gliali del cervello, che al tempo erano considerate
- Come una specie di "colla cellulare" (glue) del cervello

*Proc. Natl. Acad. Sci. USA*  
Vol. 78, No. 10, pp. 6535–6539, October 1981  
Neurobiology

## **Vasoactive intestinal polypeptide induces glycogenolysis in mouse cortical slices: A possible regulatory mechanism for the local control of energy metabolism**

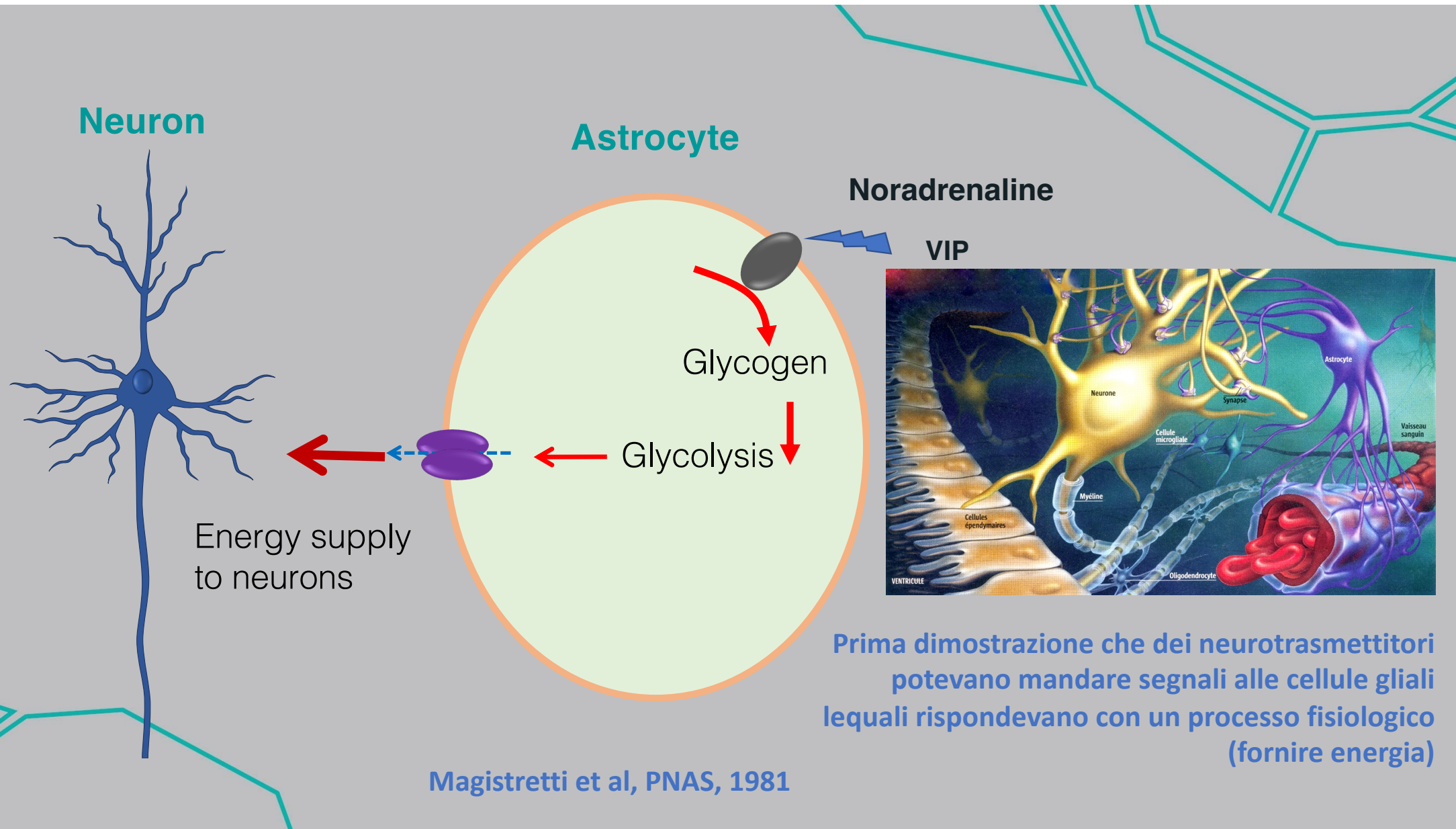
(cerebral cortex/peptides/brain energy metabolism/glycogen/norepinephrine)

PIERRE J. MAGISTRETTI, JOHN H. MORRISON, WILLIAM J. SHOEMAKER, VIVECA SAPIN, AND FLOYD E. BLOOM

Arthur V. Davis Center for Behavioral Neurobiology, The Salk Institute, P.O. Box 85800, San Diego, California 92138

*Contributed by Floyd E. Bloom, June 22, 1981*

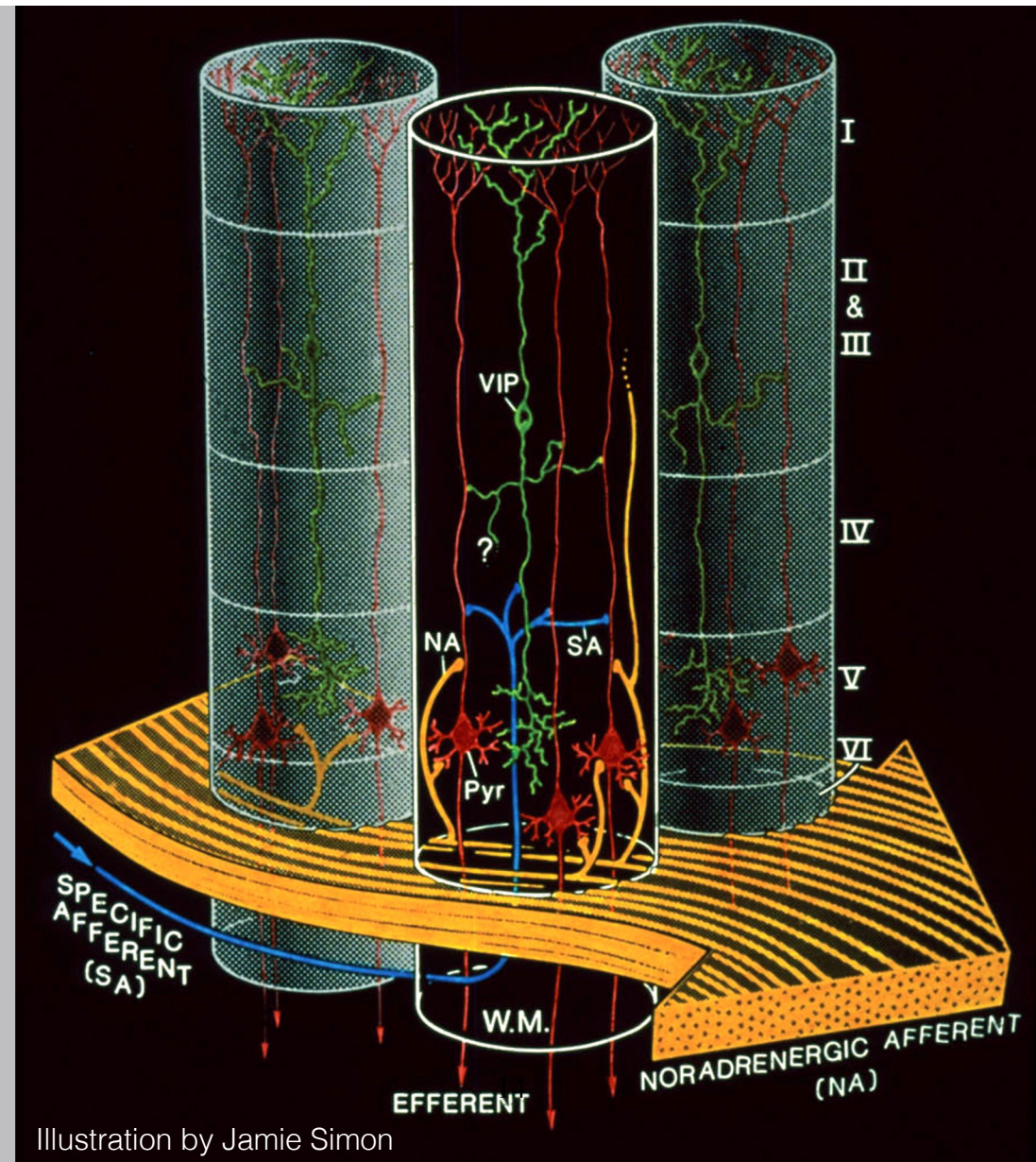




# Circuiti contenenti Noradrenalina e VIP



Magistretti and Morrison,  
Neuroscience, 1988  
24: 367-378



## Fine anni 1980

- Alcuni neurotrasmettitori liberati da circuiti neuronali specifici possono agire sulle cellule gliali
- Alcuni neurotrasmettitori possono esercitare effetti di tipo ormonale nel cervello, agendo sulle cellule gliali
- Dei neurotrasmettitori come il VIP e la noradrenalina mobilizzano l'energia depositata (glicogeno) nella glia (astrociti) per sostenere l'attività neuronale
- ➔ Esiste un accoppiamento metabolico tra l'attività neuronale e il metabolismo energetico gliale per fornire energia ai neuroni





**Domanda:**

**Quali sono i meccanismi molecolari che  
Mediano l'accompiamento tra attività sinattica  
e risposte metaboliche gliali**







1989 – 2004 :  
Institute of Physiology, Faculty of Medicine,  
University of Lausanne

# Il cervello ha bisogni energetici importanti



- solo 2% della massa corporea

ma

- 15% dell'output cardiaco
- 25% del consumo energetico di glucosio dell'organismo
- 20% del consumo di ossigeno

ON THE REGULATION OF THE BLOOD-SUPPLY OF  
THE BRAIN. BY C. S. ROY, M.D., F.R.S., *Professor of  
Pathology, University of Cambridge*, AND C. S. SHERRINGTON,  
M.B., M.A., *Fellow of Gonville and Caius College. Lecturer on  
Physiology in the School of St Thomas's Hospital, London.*  
Plates II., III. and IV.

*From the Cambridge Pathological Laboratory.*

**We conclude then that the chemical products of cerebral metabolism contained in the lymph which bathes the walls of the arterioles of the brain can cause variations of the calibre of the cerebral vessels: that in this re-action *the brain possesses an intrinsic mechanism by which its vascular supply can be varied locally in correspondence with local variations of functional activity.***

Journal of Physiology (London) 11:85-108 (1890)



**Charles Sherrington**  
Nobel Laureate 1932



Louis Sokoloff

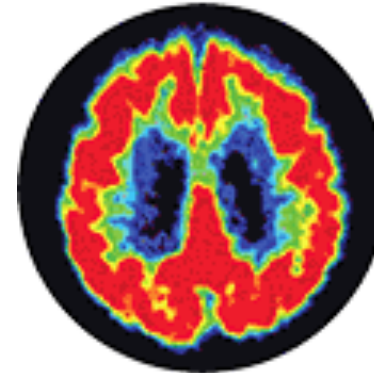
*Neurochemical Research, Vol. 24, No. 2, 1999, pp. 321–329*

## **Energetics of Functional Activation in Neural Tissues\***

**Louis Sokoloff<sup>1,2</sup>**

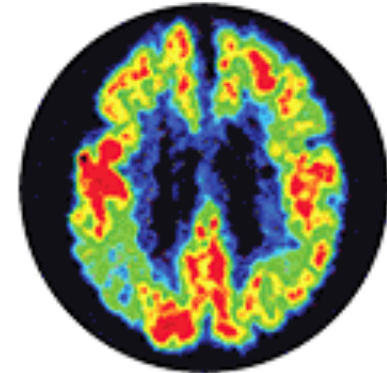
**FDG-PET showing areas of cerebral glucose metabolism**

**Healthy brain**



**Normal cerebral glucose metabolism**

**Mild to moderate Alzheimer's disease brain**



**Diminished cerebral glucose metabolism**

Image source: Small GW, Ercoli LM, Silverman DHS, et al. Cerebral metabolic and cognitive decline in persons at genetic risk for Alzheimer's disease. *Proc Natl Acad Sci USA*. 2000;97(11):8037-8042. Copyright 2013 National Academy of Sciences, U.S.A.

# Tecniche per l'imaging cerebrale funzionale

Positron Emission Tomography (*PET*):

$^{18}\text{F}$ -deoxyglucose

$^{15}\text{O}_2$

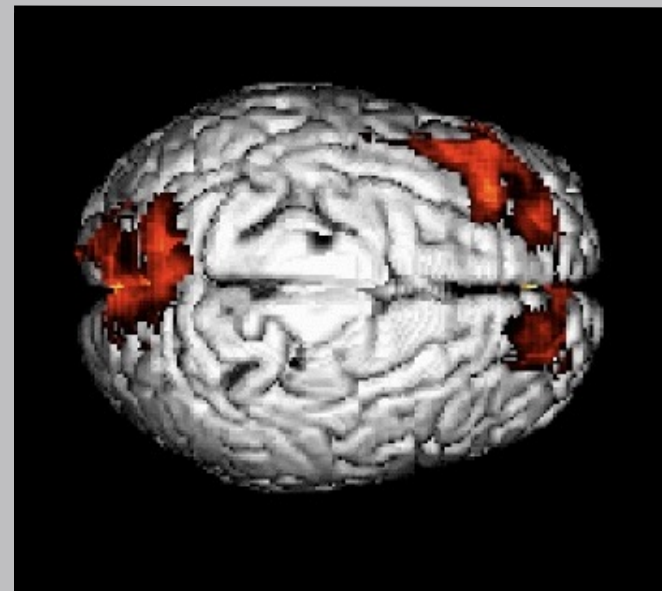
$\text{H}_2^{15}\text{O}_2$

Functional MRI (fMRI):

change in the ratio of  
oxy-/deoxy hemoglobin



**Mettono in evidenza dei segnali legati al consumo di energia**





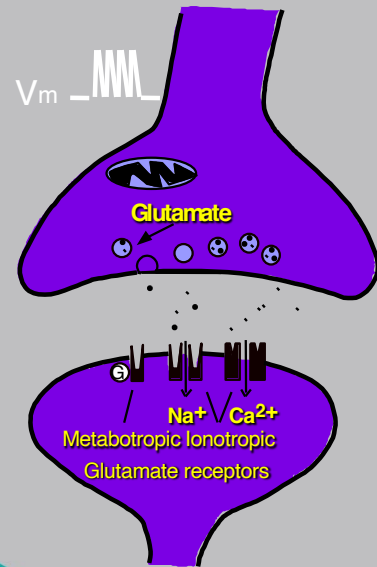
Neuronal  
Activity



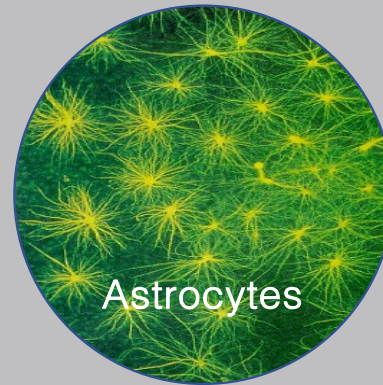
Metabolic  
Responses



- Functional Imaging
- Synaptic function



Coupling ?





**Luc Pellerin**

*Proc. Natl. Acad. Sci. USA*  
Vol. 91, pp. 10625–10629, October 1994  
Neurobiology

1994

## **Glutamate uptake into astrocytes stimulates aerobic glycolysis: A mechanism coupling neuronal activity to glucose utilization**

(glutamate transporter/ $\text{Na}^+/\text{K}^+$ -ATPase/2-deoxyglucose/positron-emission tomography/magnetic resonance imaging)

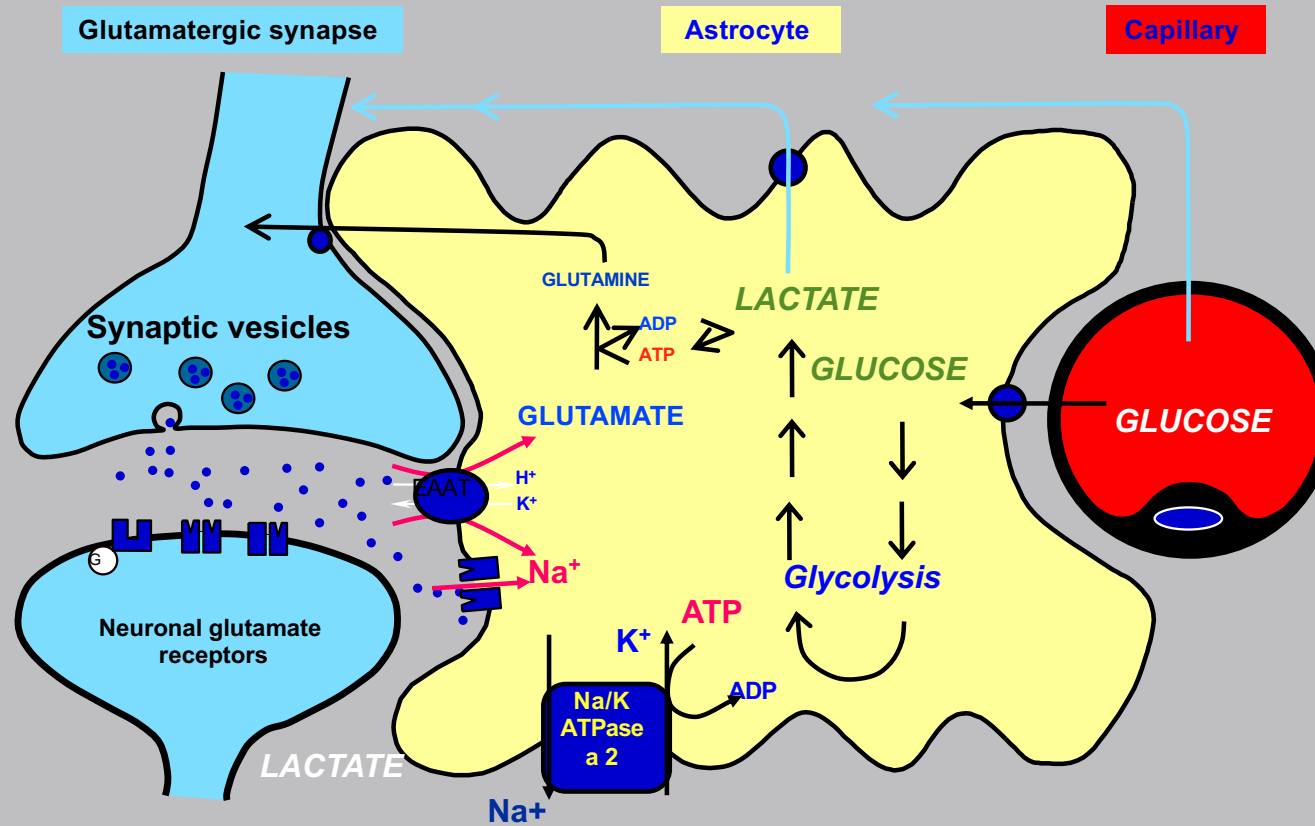
**LUC PELLERIN AND PIERRE J. MAGISTRETTI**

Institut de Physiologie, Université de Lausanne, CH-1005 Lausanne, Switzerland

*Communicated by Joseph F. Hoffman, June 28, 1994*

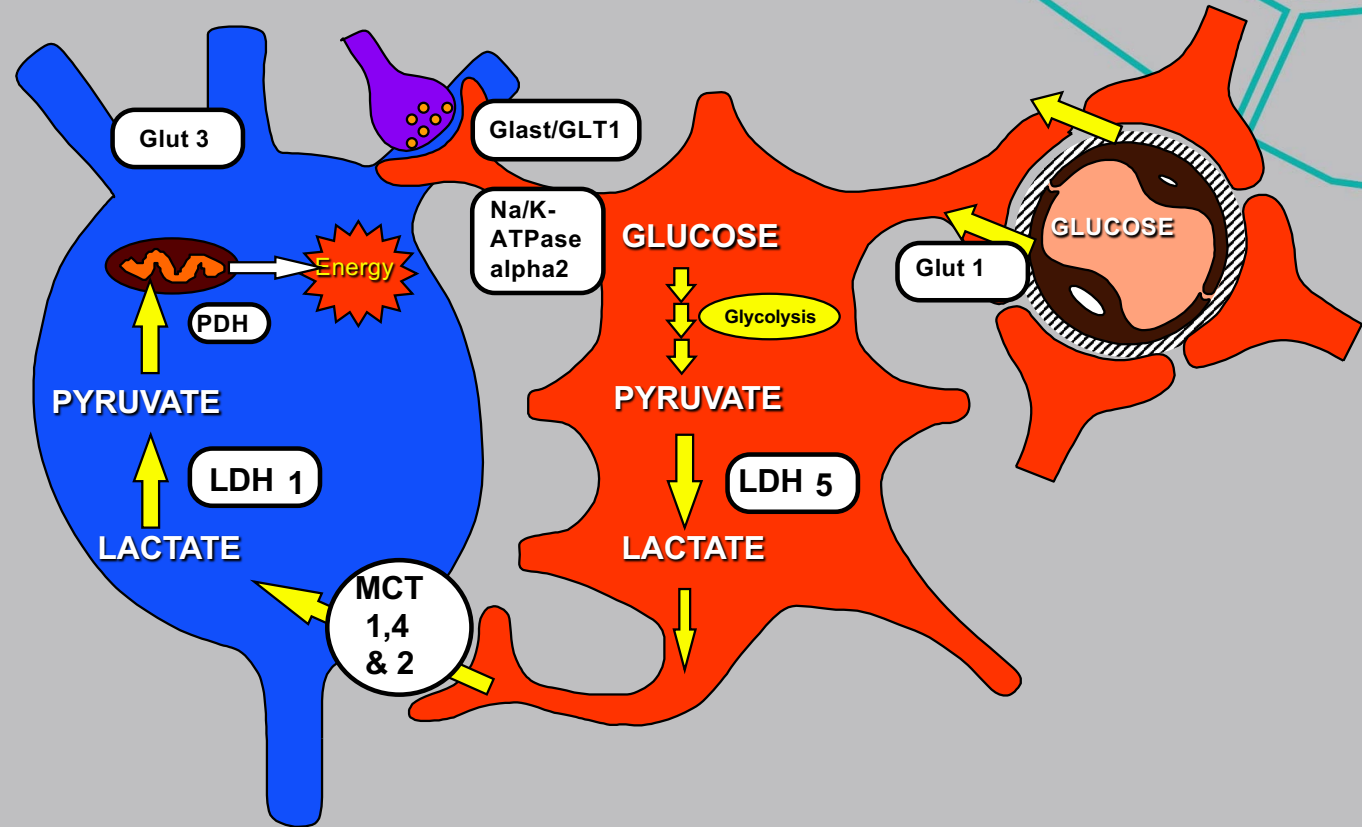


# Mechanism for Coupling Neuronal Activity to Glucose Utilization



Reviewed in Magistretti and Allaman, *Nature Rev. Neuroscience*, 2018

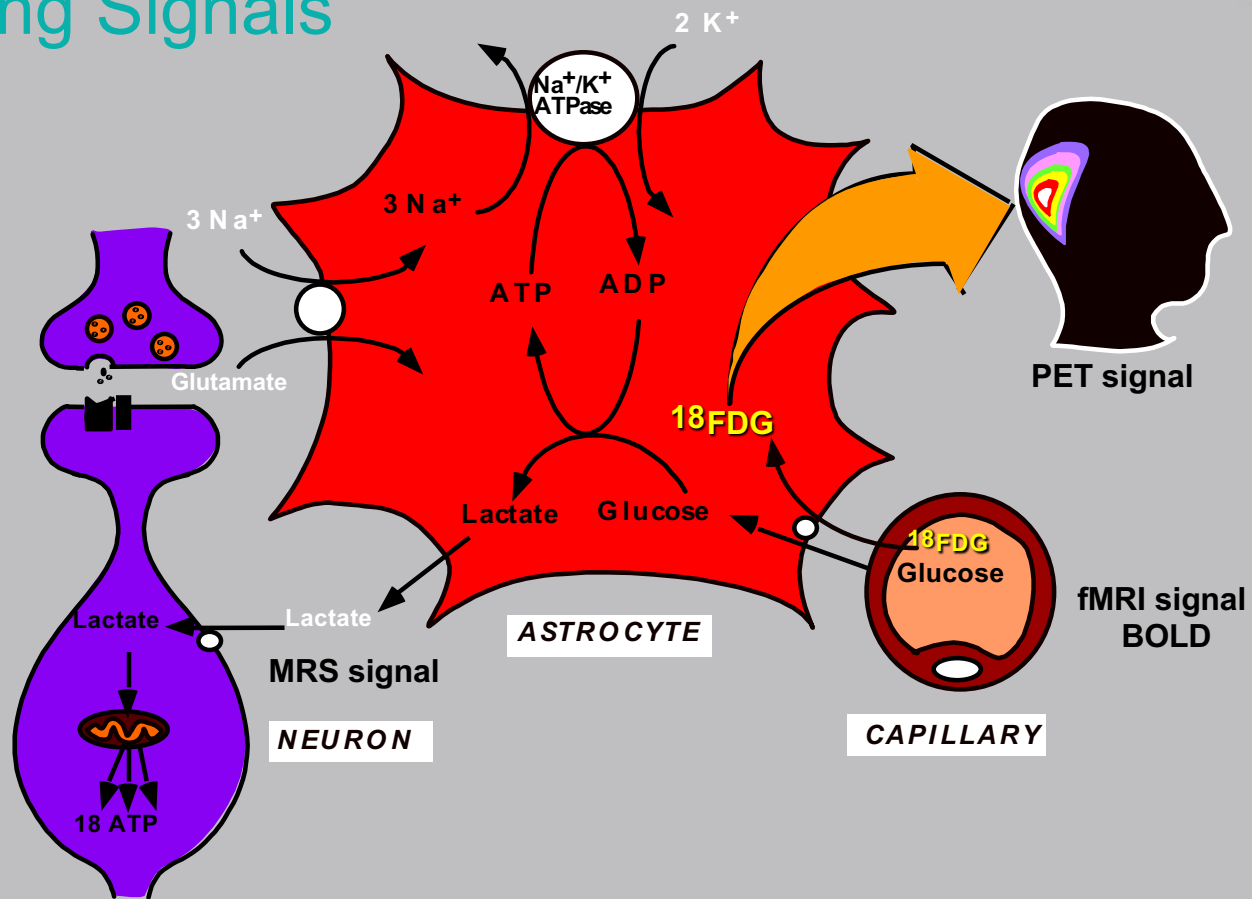
# Astrocyte-Neuron Lactate Shuttle (ANLS)



Neurons are mainly oxidative

Astrocytes are mainly glycolytic

# Role of Astrocytes in Brain Imaging Signals



## Fine anni 1990

- **Gli astrociti riprendono al glutammato – il neurotrasmettitore che è liberato dall' 80% delle sinapsi**
- **Il glutammato attiva l'uptake di glucosio negli astrociti che lo trasformano in lattato che liberano per fornire energia ai neuroni (glicolisi aerobica)**
- **Questo meccanismo accoppia l'attività sinattica al metabolismo energetico e fornisce ai neuroni energia quando e dove ne necessitano**
- **-> Questo meccanismo produce anche i segnali messi in evidenza dalle tecniche di imaging cerebrale funzionale**

Magistretti et al, Science, 1999



LEÇONS INAUGURALES DU  
COLLÈGE DE FRANCE

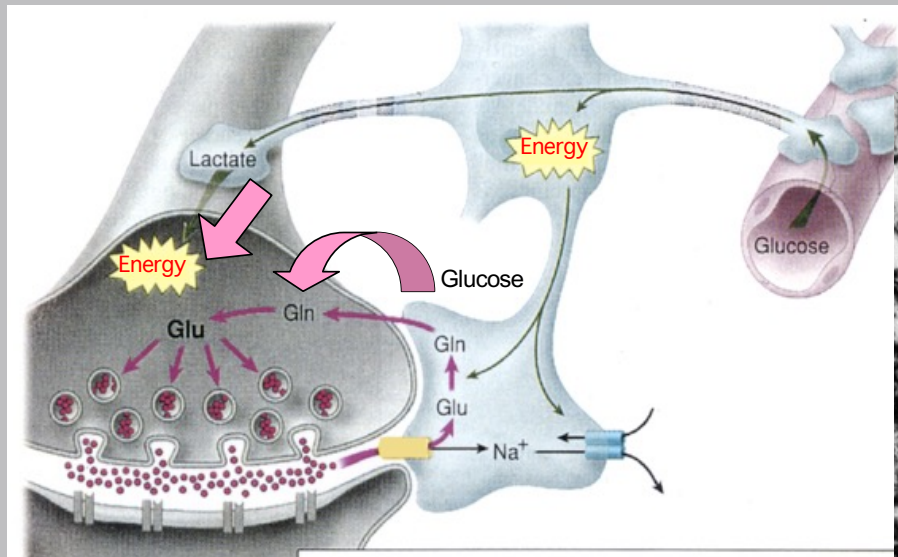
**Pierre Magistretti**

La neuroénergétique :  
de la synapse  
à l'image

Collège de France / Fayard

**Leçon inaugurale  
14 février 2008**

# La Astrocyte Neuron Lactate Shuttle e plasticità neuronale

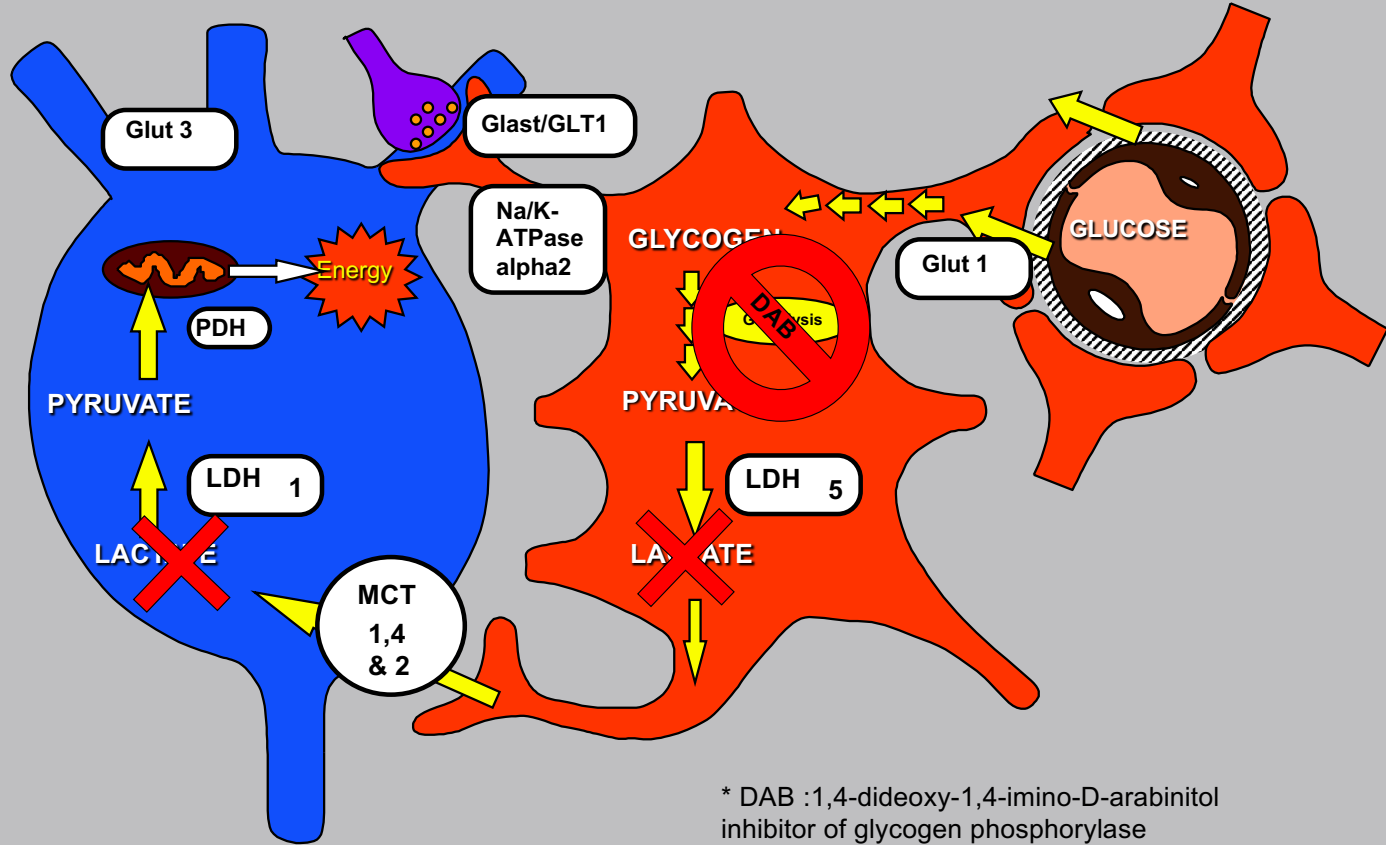


**Glicogeno**



**Ruolo nella memoria?**

# Inibizione del metabolismo del glicogeno durante l'apprendimento



\* DAB :1,4-dideoxy-1,4-imino-D-arabinitol inhibitor of glycogen phosphorylase

# Astrocyte-Neuron Lactate Transport Is Required for Long-Term Memory Formation

Akinobu Suzuki,<sup>1</sup> Sarah A. Stern,<sup>1,6</sup> Ozlem Bozdagi,<sup>1,2,6</sup> George W. Huntley,<sup>1</sup> Ruth H. Walker,<sup>3,4</sup> Pierre J. Magistretti,<sup>5,\*</sup> and Cristina M. Alberini<sup>1,2,\*</sup>

Il lattato prodotto dal glicogeno astrocitario è necessario per la consolidazione della memoria !

Che sorpresa !

- Un tipo cellulare considerate come una “colla cellulare”
- Un prodotto del metabolism energetico considerate come un “rifiuto”

-> Hanno un ruolo fondamentale nella memoria



Cristina Alberini



# Domanda:

L'effetto del lattato sulla memoria e  
“semplicemente” dovuto al suo effetto  
metabolico, o  
Il lattato è anche una molecola di  
segnalizzazione?



12228-12233 | PNAS | August 19, 2014 | vol. 111 | no. 33

# Lactate promotes plasticity gene expression by potentiating NMDA signaling in neurons

Jiangyan Yang<sup>a,1</sup>, Evelyne Ruchti<sup>a,b,c,1</sup>, Jean-Marie Petit<sup>a,c</sup>, Pascal Jourdain<sup>a,c</sup>, Gabriele Grenningloh<sup>a</sup>, Igor Allaman<sup>a,2,3</sup>, and Pierre J. Magistretti<sup>b,ca,2,3</sup>



Igor Allaman

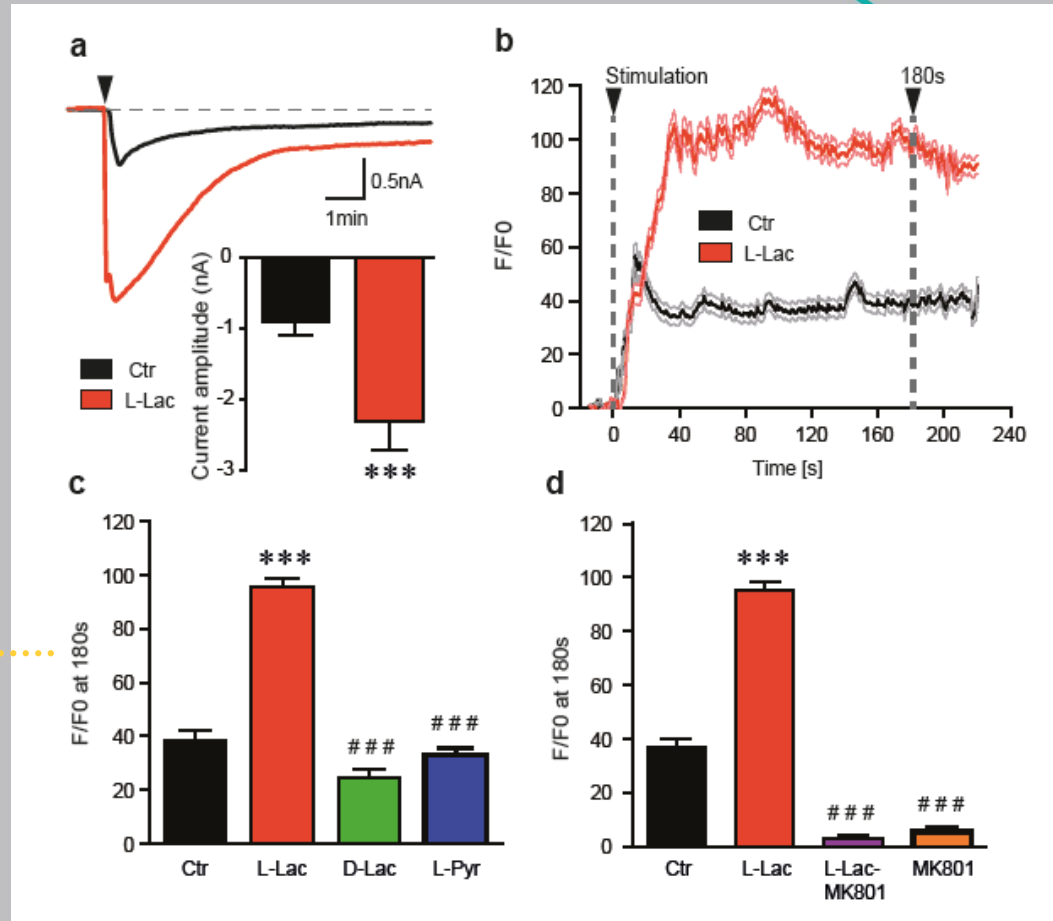
## Significance

The transfer of lactate, a product of aerobic glycolysis, from astrocytes to neurons was recently shown to be necessary for the establishment of long-term memory and for the maintenance of *in vivo* long-term potentiation. Here, we report that lactate induces the expression of plasticity genes such as *Arc*, *c-Fos*, and *Zif268* in neurons. The action of lactate is mediated by the modulation of NMDA receptor activity and the downstream Erk1/2 signaling cascade, through a mechanism associated with changes in the cellular redox state. These observations unveil an unexpected role of lactate as a signaling molecule in addition to its role in energy metabolism and open a previously unidentified research avenue for the study of neuronal plasticity and memory.



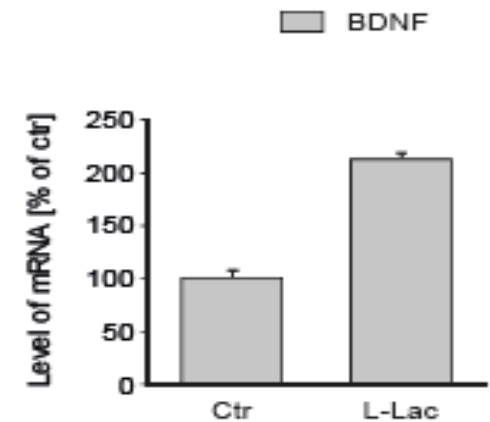
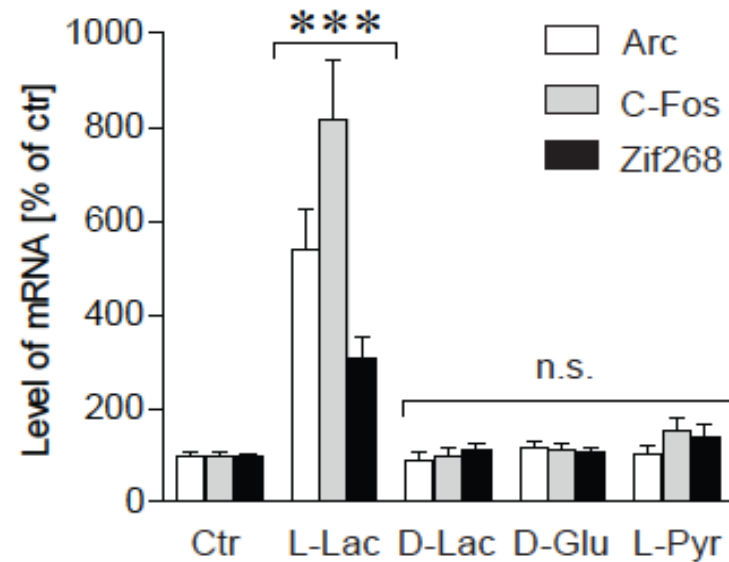
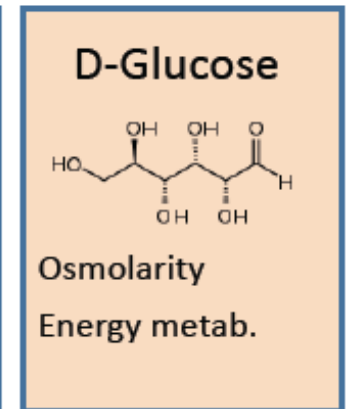
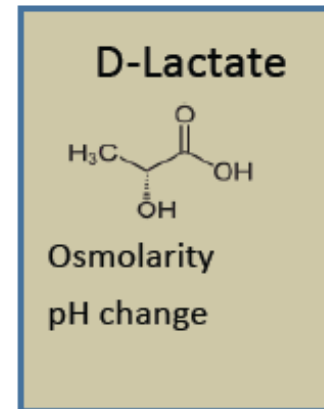
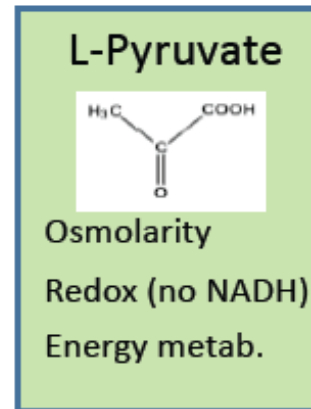
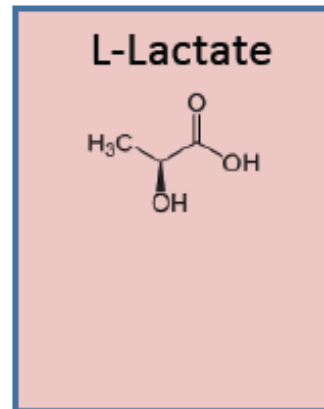
Evelyne Ruchti

# Il Latatto potenzia la trasmissione sinattica médiata dal glutammato



Yang et al, *PNAS*, 2014

# Increase in gene expression is specific to L-Lactate



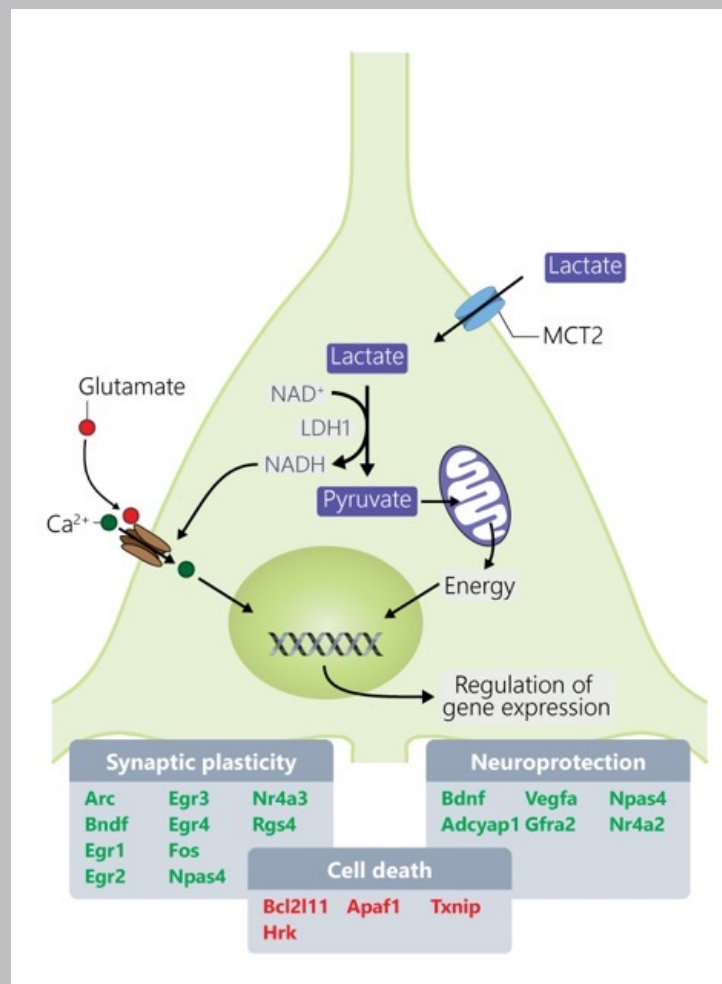
# Genes whose expression is upregulated (green) or downregulated (red) by L-Lactate



Michael Margineanu



Hubert Fiumelli



Margineanu et al, *Front in Neurosci*, 2018

## Anni 2010 - 2020

- Il lattato non è solamente un substrato energetico ma è anche un segnale per la comunicazione tra cellule del cervello
- Il lattato agisce come un “turbocharger” per il principale neurotrasmettitore, il glutammato
- Il lattato induce l'espressione di geni di plasticità e di neuroprotezione
- Una cooperazione tra un neurotrasmettitore (glutammato) e un gliotrasmettitore (lattato) è necessaria per la memoria



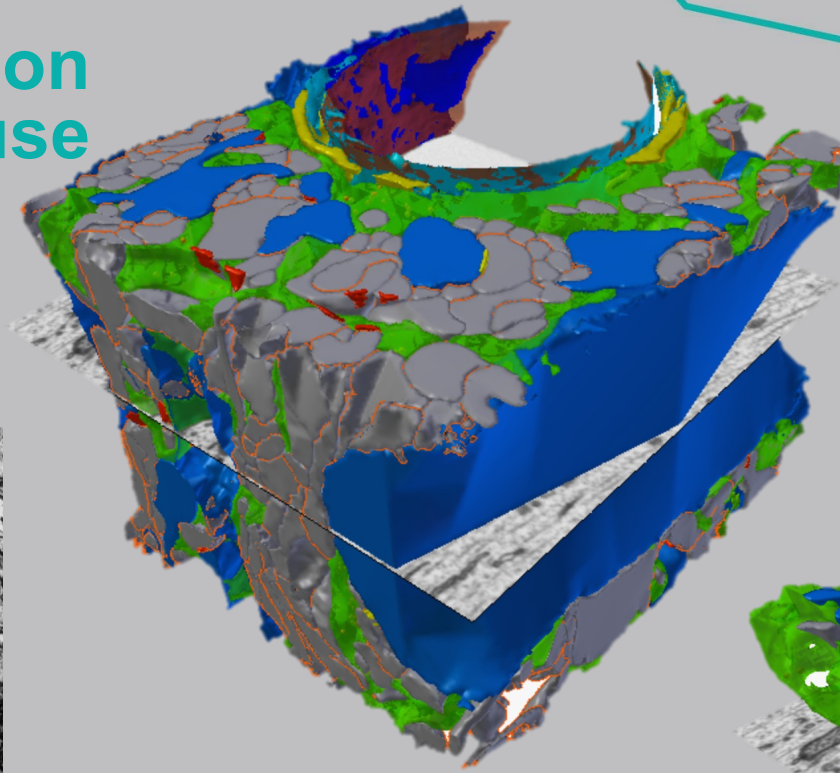
Visto il ruolo determinante del  
Glicogeno nella memoria:

**Domanda :**  
**Dove è localizzato il**  
**glicogeno negli**  
**astrociti rispetto ai**  
**contatti sinattici?**

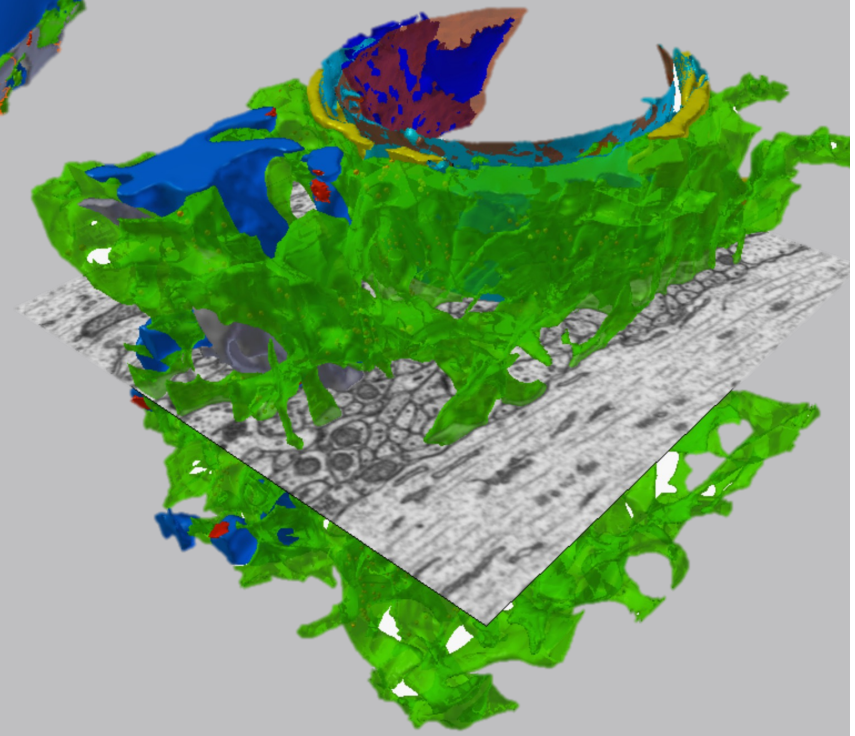
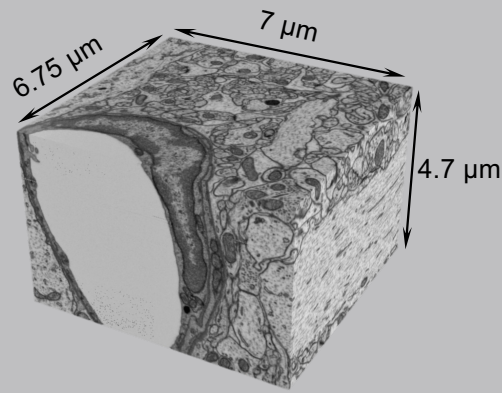


**Corrado Cali**

# 3D reconstruction of an adult mouse hippocampus

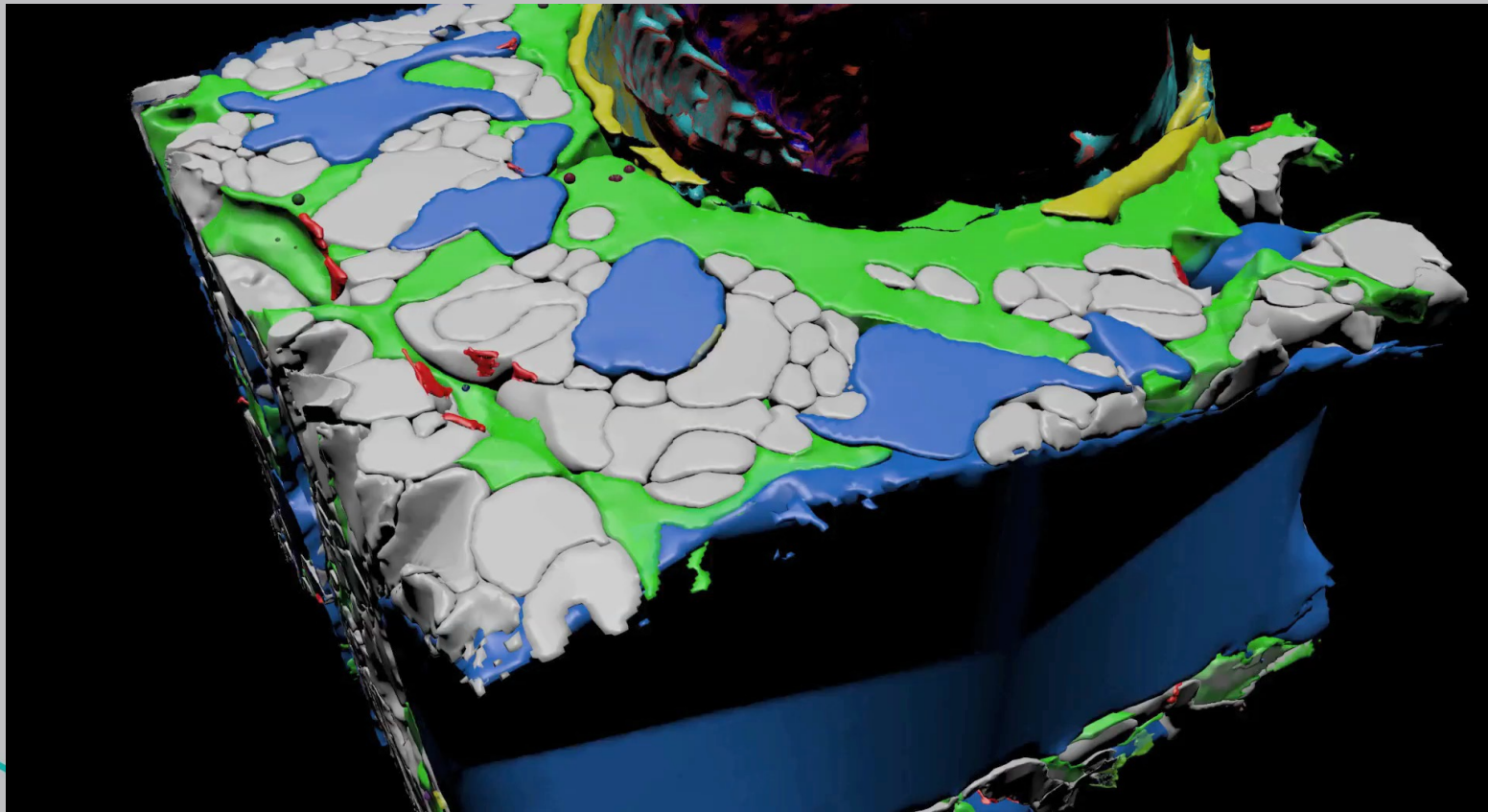


Axon  
Dendrite  
Synaptic Density  
Astrocytic process

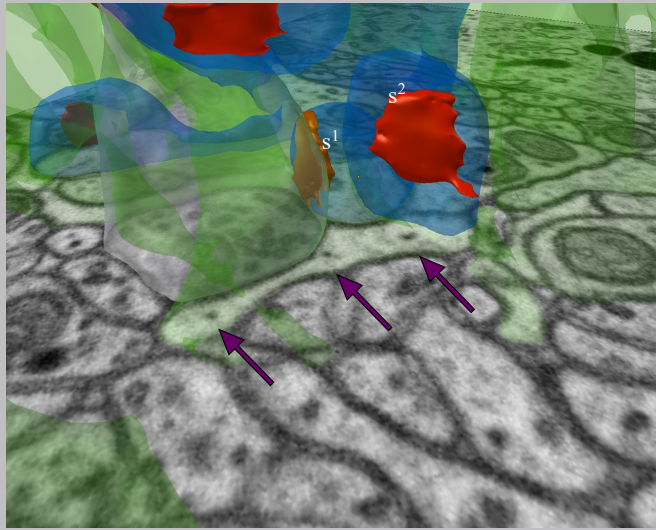
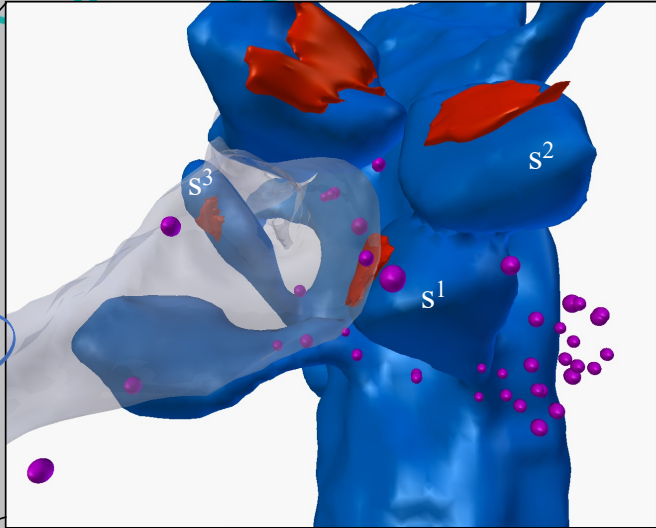
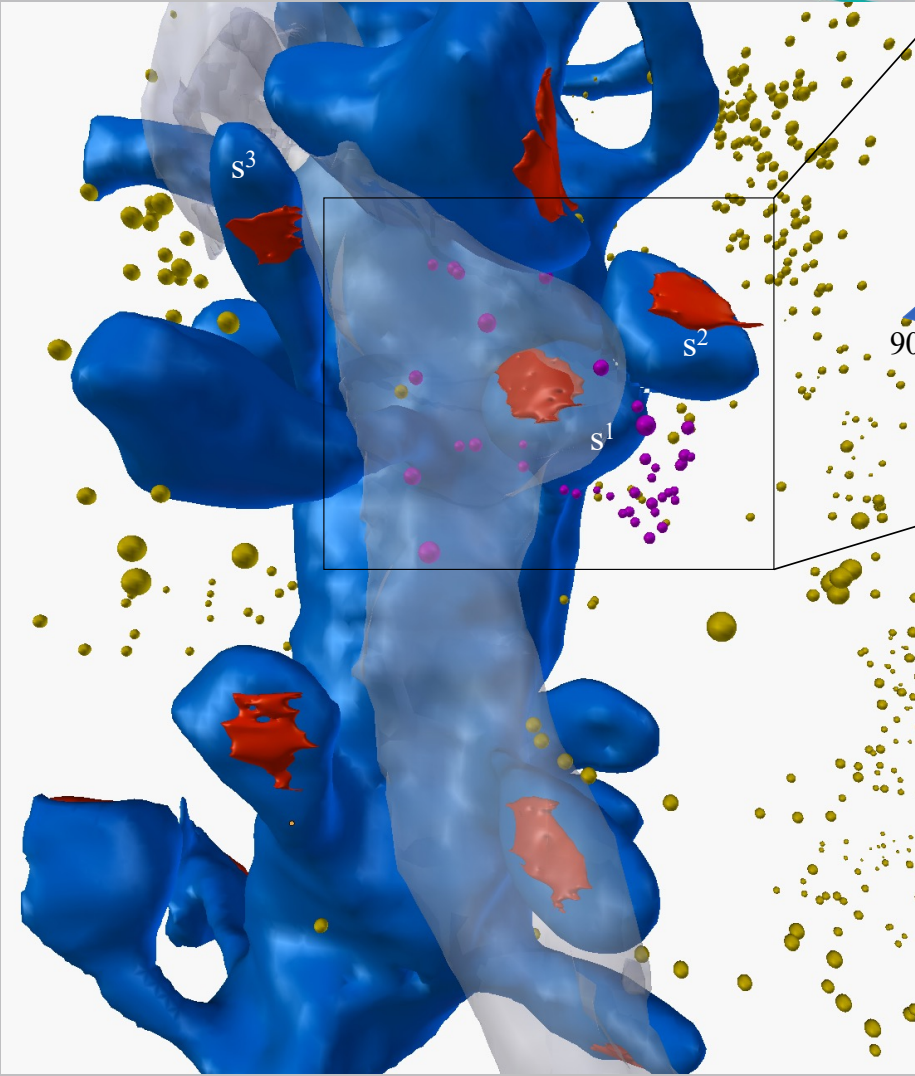




# Analysis in a Virtual Reality environment



Example of glycogen clustering around a synapse



# REVIEWS

## Lactate in the brain: from metabolic end-product to signalling molecule

*Pierre J. Magistretti<sup>1,2,3\*</sup> and Igor Allaman<sup>2</sup>*

Abstract | Lactate in the brain has long been associated with ischaemia; however, more recent evidence shows that it can be found there under physiological conditions. In the brain, lactate is formed predominantly in astrocytes from glucose or glycogen in response to neuronal activity signals. Thus, neurons and astrocytes show tight metabolic coupling. Lactate is transferred between astrocytes and neurons to match the neuronal energetic needs, and to provide signals that modulate neuronal functions, including excitability, plasticity and memory consolidation. In addition, lactate affects several homeostatic functions. Overall, lactate ensures adequate energy supply, modulates neuronal excitability levels and regulates adaptive functions in order to set the 'homeostatic tone' of the nervous system.

**Nature Reviews Neuroscience,**  
**April;19(4) : 235-249, 2018**

**Domanda:**

**Ruolo dell'accoppiamento metabolico tra  
astrociti e neuroni nelle patologie del cervello**



## Effets antidépresseurs de l'exercice

Journal of Psychiatric Research 77 (2016) 42–51



Contents lists available at [ScienceDirect](#)

Journal of Psychiatric Research

journal homepage: [www.elsevier.com/locate/psychires](http://www.elsevier.com/locate/psychires)



### Exercise as a treatment for depression: A meta-analysis adjusting for publication bias



Felipe B. Schuch <sup>a, b, \*</sup>, Davy Vancampfort <sup>c, d</sup>, Justin Richards <sup>e</sup>, Simon Rosenbaum <sup>f</sup>, Philip B. Ward <sup>f</sup>, Brendon Stubbs <sup>g, h</sup>

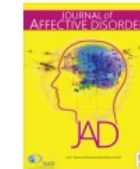
Journal of Affective Disorders 202 (2016) 67–86



Contents lists available at [ScienceDirect](#)

Journal of Affective Disorders

journal homepage: [www.elsevier.com/locate/jad](http://www.elsevier.com/locate/jad)



Review article

### Exercise as a treatment for depression: A meta-analysis



Siri Kvam <sup>a, \*</sup>, Catrine Lykkedrang Kleppe <sup>b</sup>, Inger Hilde Nordhus <sup>c</sup>, Anders Hovland <sup>c, d</sup>

Introduction

Resultats

Conclusion

Perspectives

Remerciements



2016

Molecular Psychiatry (2016) 00, 1–8

[www.nature.com/mp](http://www.nature.com/mp)

Jean-Luc Martin in 2016 Anthony Carrard

**ORIGINAL ARTICLE**

# Peripheral administration of lactate produces antidepressant-like effects

A Carrard<sup>1,4</sup>, M Elsayed<sup>2,4</sup>, M Margineanu<sup>3</sup>, B Boury-Jamot<sup>1,2</sup>, L Fragnière<sup>1</sup>, EM Meylan<sup>1</sup>, J-M Petit<sup>1,2</sup>, H Fiumelli<sup>3</sup>, PJ Magistretti<sup>1,2,3,5</sup> and J-L Martin<sup>1,5</sup>



Jean-Luc Martin in 1986

RESULTS



GliaPharm

## Target Glial Cells to Treat Neurons



Schweizerische Eidgenossenschaft  
Confédération suisse  
Confederazione Svizzera  
Confederaziun svizra

**Commission for Technology  
and Innovation CTI**



Sylvain Lengacher



Charles Finsterwald



Ambroise Magistretti

## GLUT1-DS: A Genetic Model of Brain Hypometabolism

---

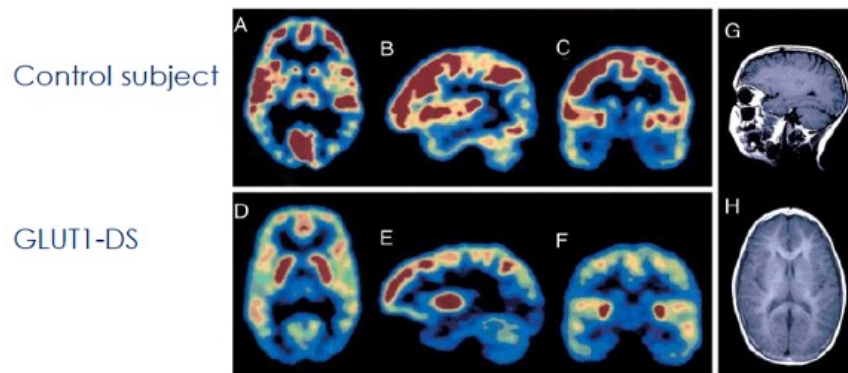
### Metabolic monogenic disorder

- Deficiency of glucose transporter 1 (GLUT1), described in 1991 by Dr. De Vivo.
- Heterozygous mutation of SLC2A1 gene coding for GLUT1, which is expressed on astrocytes and capillaries (neurons use GLUT3).
- Orphan disorder: incidence of 1.65 to 4.17 in 100,000 births. 130,000 to 328,000 estimated patients worldwide.
- Symptoms: infantile seizures refractory to anticonvulsants, cognitive and motor dysfunctions, developmental delays.
- Currently no efficient treatment.



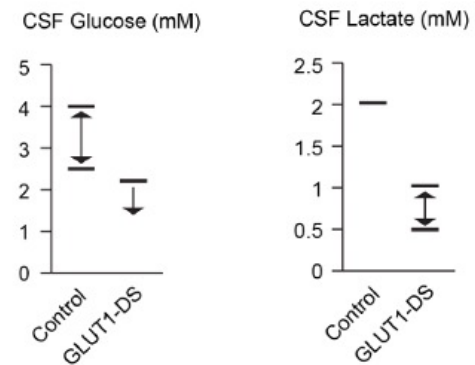
## GLUT1-DS: Hypometabolism is shown by FDG PET and CSF Levels of Glucose and Lactate

FDG PET scan

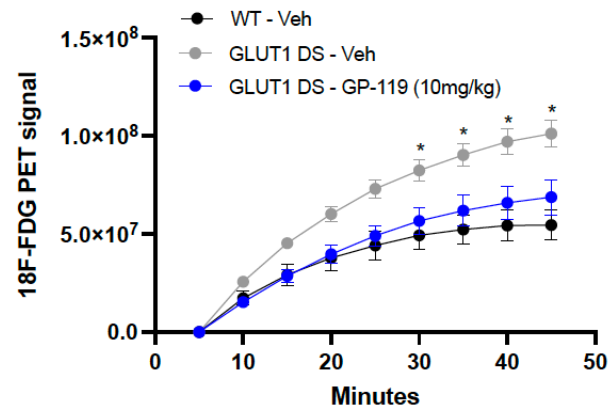


Pascual et al, Ann Neurol, 2002

CSF glucose and lactate levels



## GLUT1-DS Mouse Model: Normalization of FDG PET Signal by GP-119

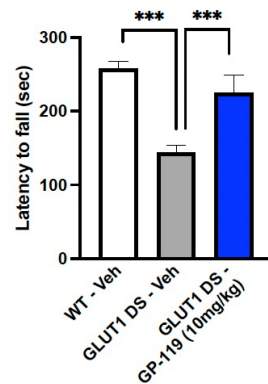


\* statistically significant differences

- FDG PET signal to be used as a translational biomarker for target engagement in Phase Ib and subsequent clinical phases.
- Rapid action after oral administration.
- Durability of effect/signal.

## GLUT1-DS: Preclinical Candidate GP-57-119 *In Vivo* Efficiency

Rotarod



\* statistically significant differences

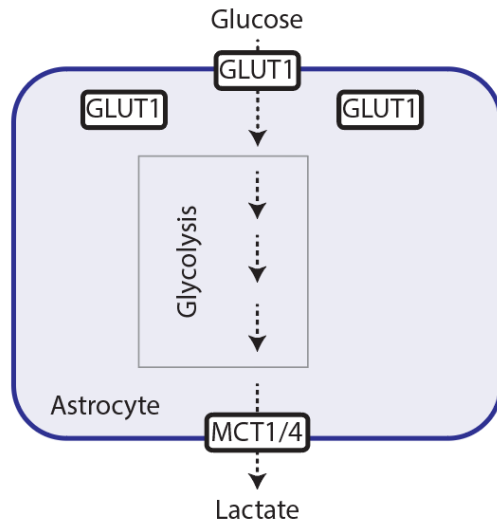
Prof. De Vivo's mouse model of GLUT1-DS:  
GP-57-119 significantly corrects motor dysfunction  
in standardized test (rotarod)

Improving motor coordination on the rotarod  
reflects potential positive effect on dyskinesias in  
human patients

# GliaPharm's Lead Compound GP-119: Disease-Modifying Mode of Action

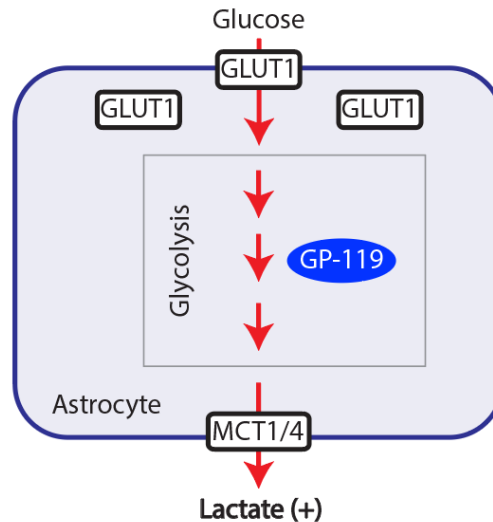
1

## Astrocyte in pathological hypometabolic state



2

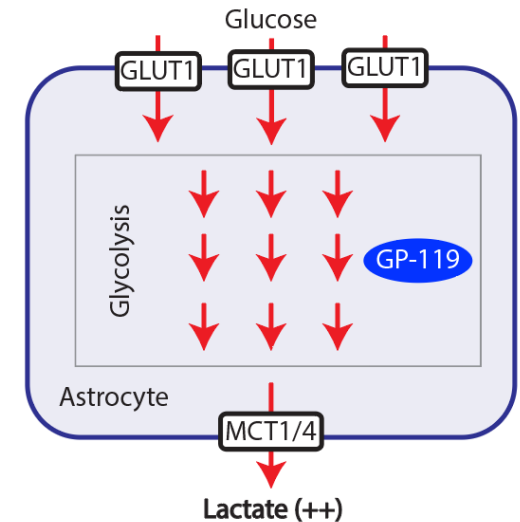
## Short-term effect: Increased metabolic flux



- GP-119 targets an identified **astrocytic glycolytic enzyme**
- GP-119 **stimulates glycolytic flux** in astrocytes
- GP-119 **increases glucose entry and lactate release**

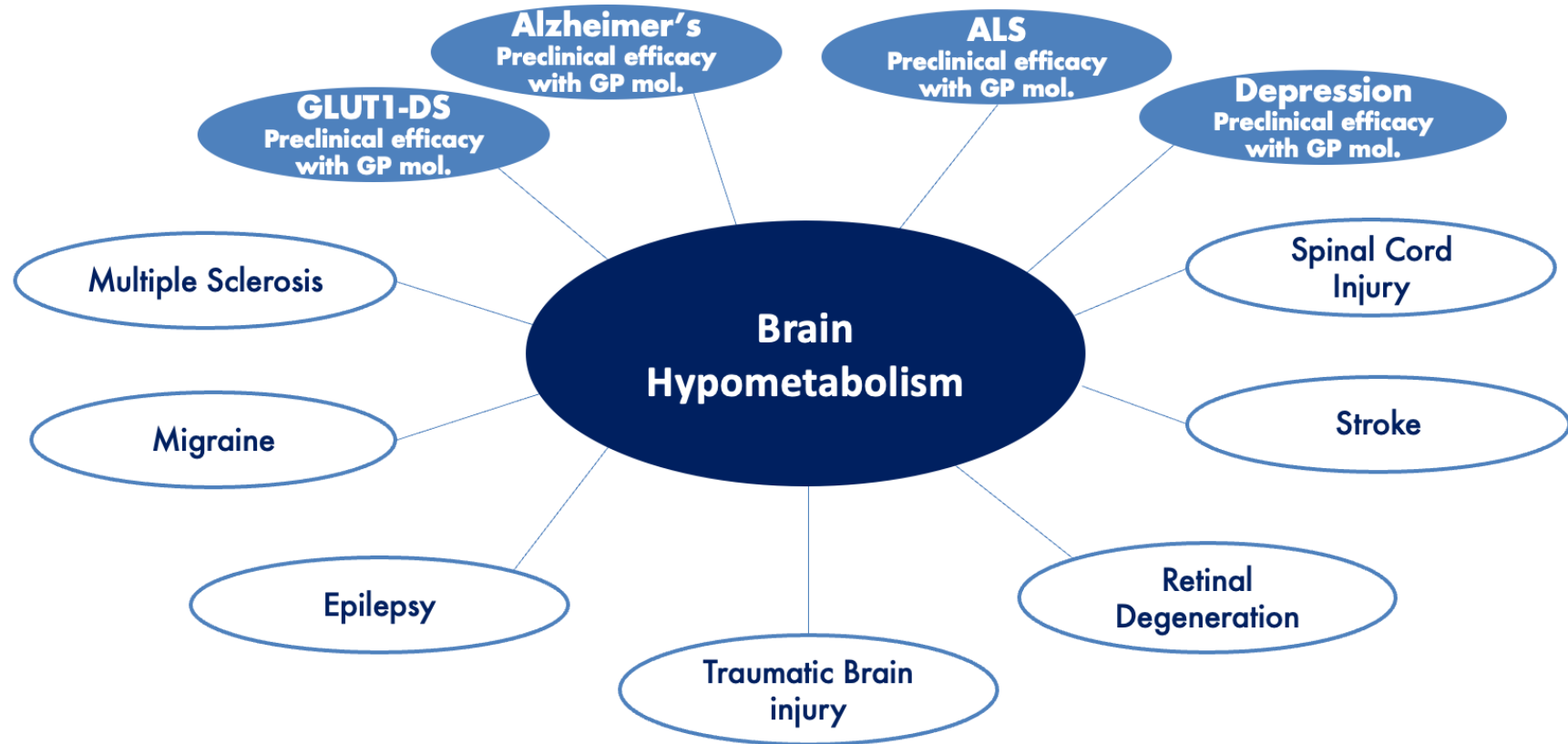
3

## Long-term effect: Metabolic reprogramming



- GP-119 induces **GLUT1 translocation** to the plasma membrane of both **astrocytes and capillaries**
- GP-119 **upregulates** the expression of astrocytic **glycolytic genes**

# Diseases with identified abnormal brain energy metabolism

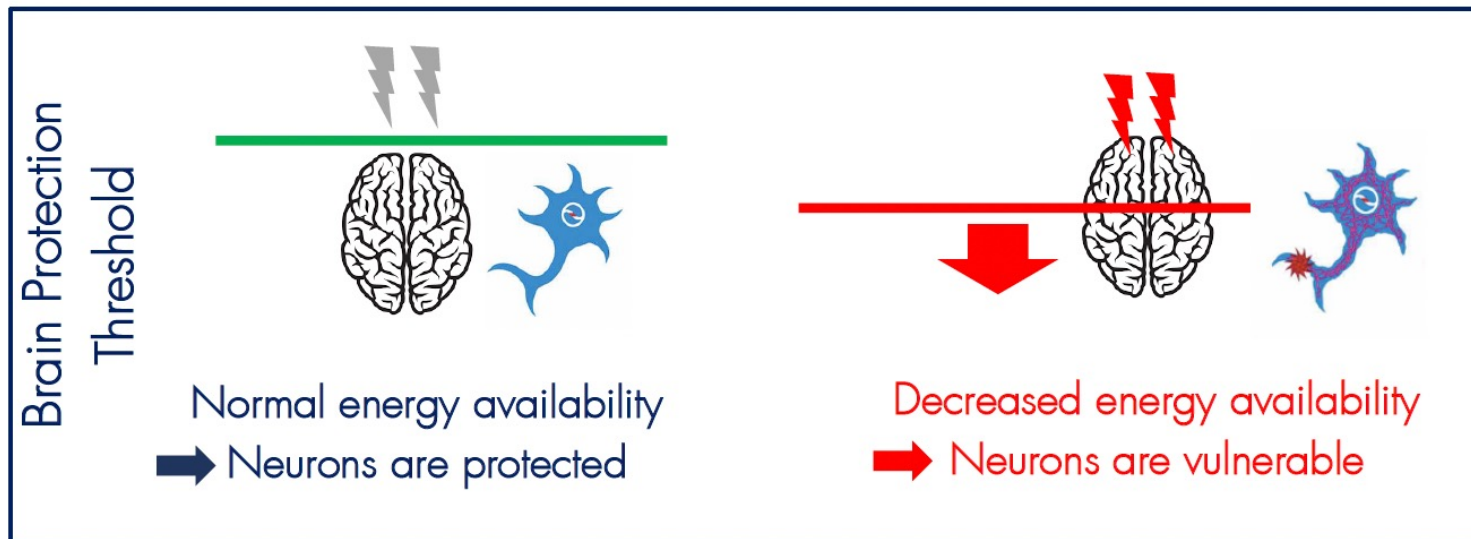


# Maintaining Brain Energy Metabolism is Key to Brain Health

Normal brain energy metabolism  
= Healthy brain



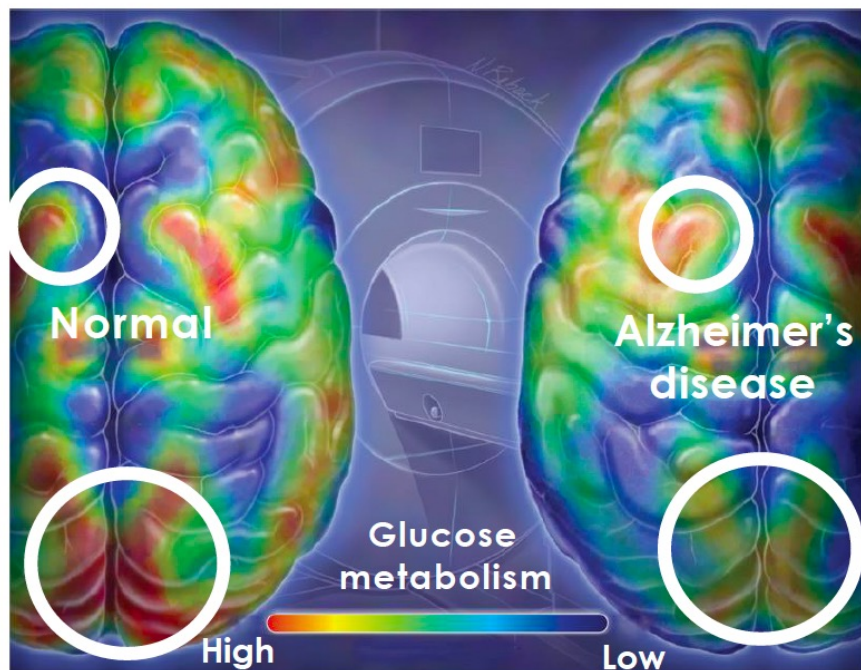
Brain hypometabolism  
= Pathological brain



Brain hypometabolism is a significant contributing factor of ageing and neurodegenerative diseases. <sup>(1)</sup>

<sup>(1)</sup> Loss of Brain Aerobic Glycolysis in Normal Human Aging. Goyal et al., Cell Metabolism, 2017.

## Targeting Brain Hypometabolism in Alzheimer's Disease



Modified from: Kuehn, JAMA, 2020

- Number of patients with Alzheimer's Disease in key markets:
  - US: 7.2M, EU: 19.5M and Japan: 5.2M
- Peak sales estimated to be USD 12B per year in US, EU and Japan combined.
- Abundant literature indicates **significantly reduced rates of glucose metabolism** in subjects with AD. <sup>(1-3)</sup>
- Brain hypometabolism is observed already **in pre-symptomatic state and correlates with primary risk factors** of AD: ageing and ApoE4 genotype (strongest genetic risk factor for AD). <sup>(4)</sup>

<sup>(1)</sup> In Alzheimer's Research, Glucose Metabolism Moves to Center Stage. Kuehn, JAMA, 2020

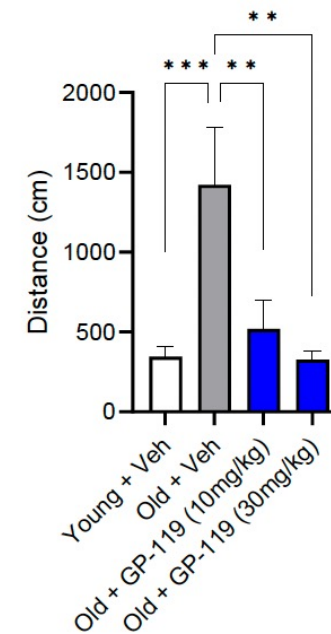
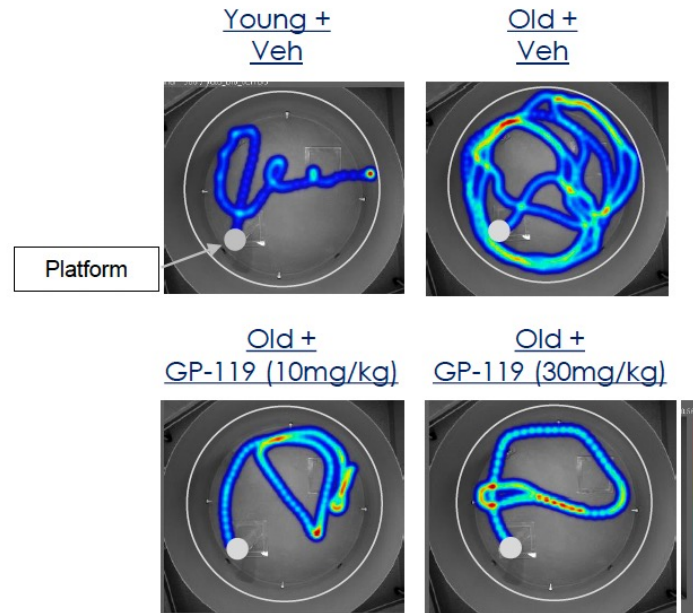
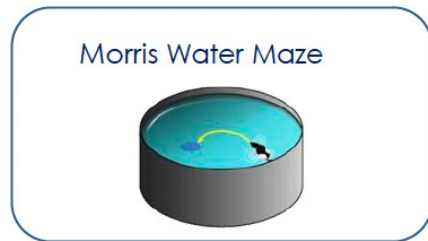
<sup>(2)</sup> Astrocyte contribution to dysfunction, risk and progression in neurodegenerative disorders. Allen, Nature Reviews Neuroscience, 2022

<sup>(3)</sup> Brain Energy Rescue: an emerging therapeutic concept for neurodegenerative disorders of ageing. Cunnane et al., Nature Reviews Drug Discovery, 2020

<sup>(4)</sup> Correlations between apolipoprotein E4 gene dose and brain-imaging measurements of regional hypometabolism. Reiman et al., PNAS, 2005

# Memory Deficit is Restored in Old Mice with GP-119 (Lead Compound)

Distance to reach the platform (1 day after training)

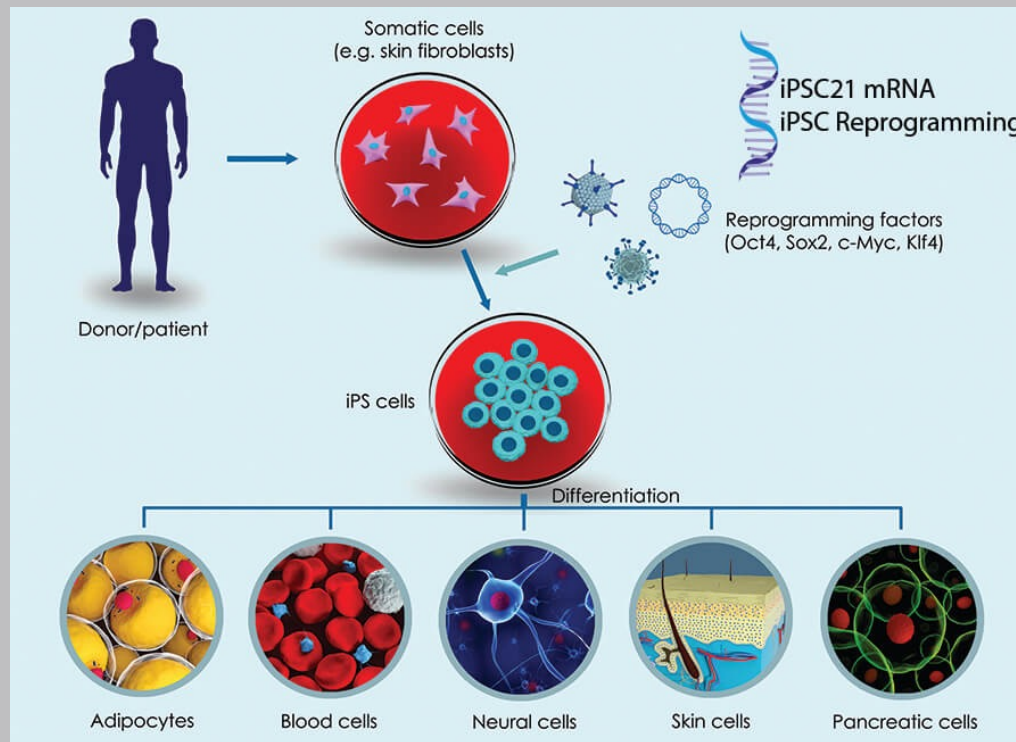


\* statistically significant differences

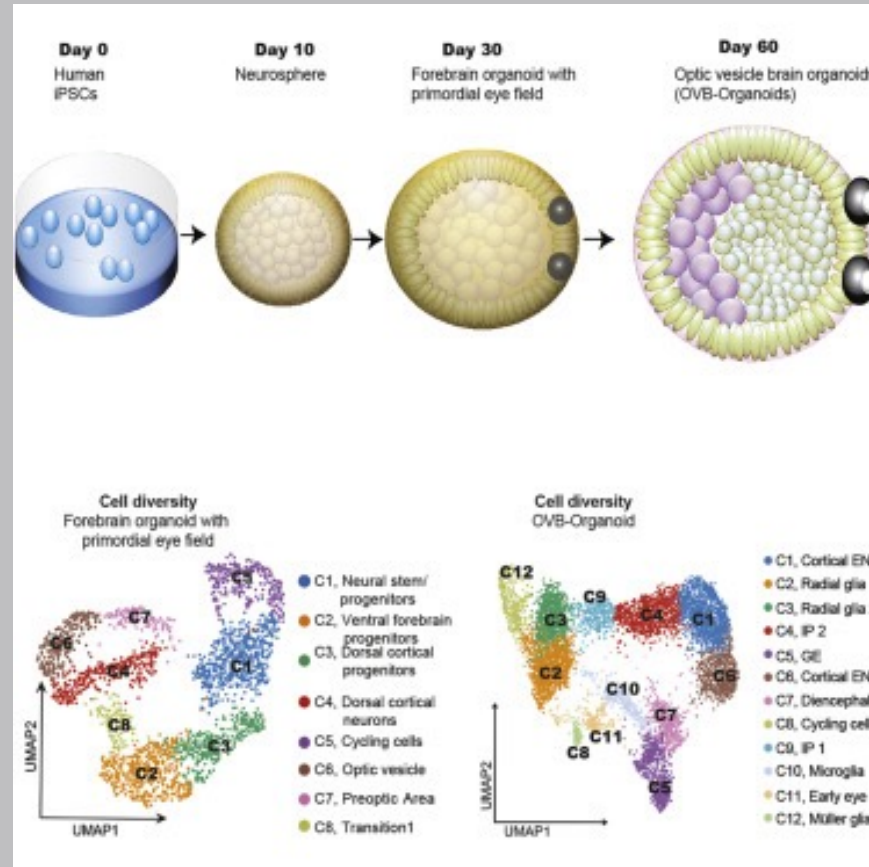
Short distance to reach the platform = better memory performance



# IPSC : Cellule Staminali Pluripotenti Induttibili



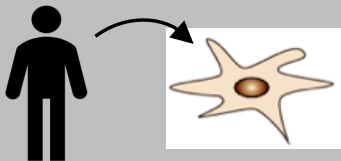
# Organoidi cerebrali



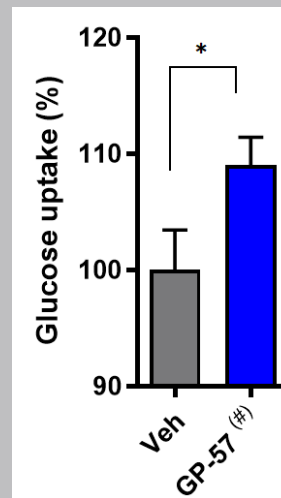
# Alzheimer's Disease: *In Vitro* Efficacy (GP-57) (#)

Glucose uptake and lactate release are increased by GP-57 (#) in astrocytes from an APOE4(+) Alzheimer's patient

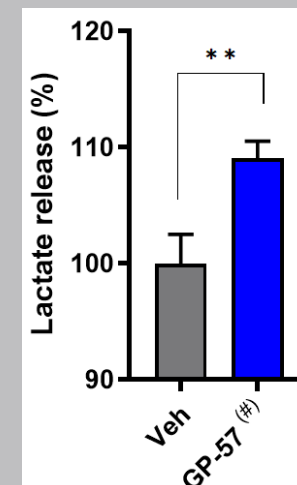
Human induced-pluripotent stem cells (iPSCs)-derived astrocytes



Glucose uptake



Lactate release



\* p<0.05, \*\* p<0.01 (n=4-6)

(#) GP-57 is the tool compound from which GP-119 has been optimized

Glucose uptake and Lactate release are enhanced by GP-57 in human iPSCs-derived astrocytes from an Alzheimer's disease patient carrying APOE4 allele (hypometabolic hallmark)

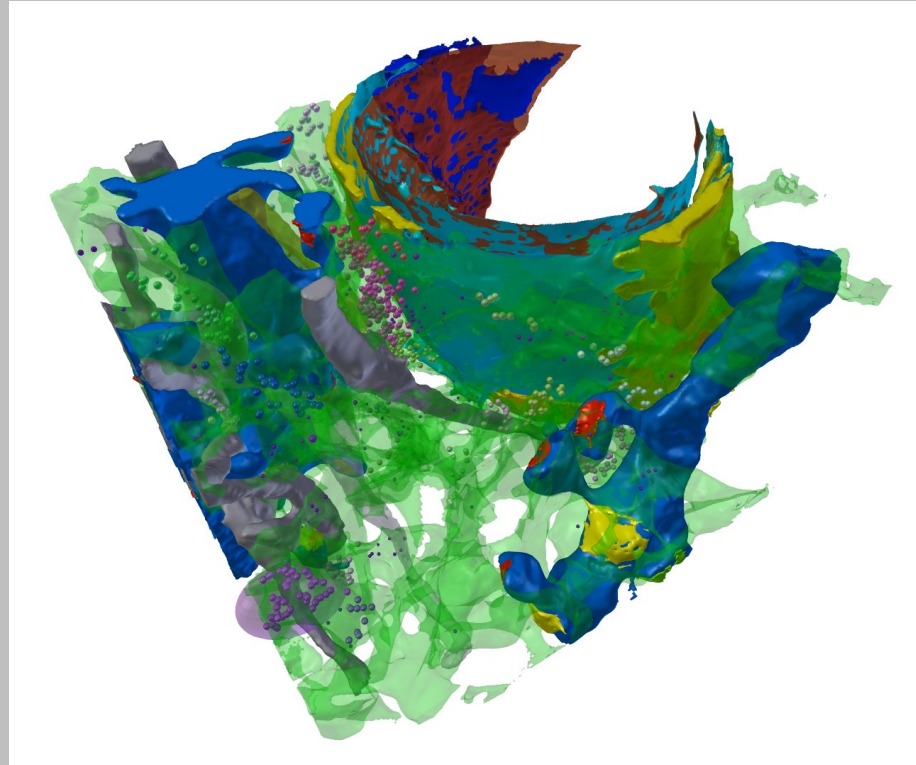
Glycogen → Astrocytes → Lactate → Plasticity

→ Plasticity, Memory

→ Neuroprotection

**A 40 year journey**

**100 + collaborators  
over the years**





## Laboratory of Cellular Imaging and Energetics KAUST

**Hubert Fiumelli**

**Corrado Cali\***  
**Michael Margineanu\***  
**Arnaud Tauffenberger\***

**Fathia Ben Rached**  
**Farah Shama**  
**Reem Alkhater**  
**Nadia Steiner**  
**Vinoth Balasubramani**

**Marifer Veloz Castillo**  
**Eleonora Curzi**  
**Xiaoyan Lin**  
**Ohood Alzahrani**

**Salam Almustafa**  
**Alanoud Turki**  
**Sultan Albalawi**



# AMMON'S HORN

OR THE MYSTERY OF THE BRAIN



A NOVEL

PIERRE AND CHRISTINE MAGISTRE

